

CYPRUS 2009

Technical Handbook
June 2008



INDEX

1. INTRODUCTION

PAGES

1.1	Our Vision	1
1.2	Our Mission	1
1.3	The Executive Committee of the XIII GSSE	1
1.4	Organisational Chart of the XIII GSSE – Cyprus 2009	1
1.5	Team Cyprus 2009	2
1.6	Technical Commission	3
1.7	Cyprus Olympic Committee	3

2. ABOUT CYPRUS

2.1	Cyprus	4
2.2	Geography and Orientation in Cyprus	4
2.3	Weather & Climate	4
2.4	Flora and Fauna	5
2.5	Nicosia	5
2.6	Limassol	6
2.7	Machairas	6
2.8	Practical Guide for Cyprus	
2.8.1	Entry Requirements	6
2.8.2	Getting There	6
2.8.3	Getting Around	7
2.8.4	Money	7
2.8.5	Time	7
2.8.6	Electricity	7
2.8.7	Weights & Measures	7
2.8.8	Telephones	7
2.8.9	Internet	8
2.8.10	Languages and Religions	8
2.8.11	Media in Cyprus	8

3. GENERAL GAMES INFORMATION

3.1	Accreditation	9
3.2	Key Dates and Deadlines for Accreditation	9
3.3	Accreditation Process	9
3.4	Arrivals and Departures	11
3.5	Board and Accommodation	11
3.6	Access Control and Safety	13
3.7	Headquarters (HQ)	13
3.8	Payment Conditions	14
3.9	Transport	15
3.10	Press Centre	15
3.11	Information Technology System	16
3.12	Telecommunication Service	16
3.13	Ceremonies	16
3.14	Medical Services	16
3.15	Youth Camp	17

INDEX

4. TECHNICAL REGULATIONS

PAGES

4.1	Preliminary Entries by Number	18
4.2	Entries by Name	18
4.3	Entries by name of foreign athletes	18
4.4	Final Entries by name	18
4.5	Entries Timeline	19
4.6	Delegation Registration Meetings (DRM)	19
4.7	Technical Meeting	20
4.8	Judges and Referees	21
4.9	Jury of Appeals	21
4.10	Protests	21
4.11	Medical Commission and Doping Tests	21
4.12	Insurance	22

5. SPORT DISCIPLINES

5.1	Athletics	23
5.2	Basketball	32
5.3	Cycling	35
5.4	Gymnastics	39
5.5	Judo	47
5.6	Sailing	55
5.7	Shooting	59
5.8	Swimming	63
5.9	Table Tennis	67
5.10	Tennis	73
5.11	Volleyball	77
5.12	Beach Volley	80

6. MAPS AND PLANS

83

1. INTRODUCTION

Eight countries, 12 sport disciplines and more than 1.000 athletes will participate in the XIII Games of the Small States of Europe (XIII GSSE), being held in Cyprus from 1st June to 6th June 2009.

1.1 Our Vision

Building on the success and experience of the past, Cyprus is dedicated to combine sport with history, education and culture and create an atmosphere of friendship, unity and peace among the community of the Small States of Europe, thus leaving a legacy for the Games.

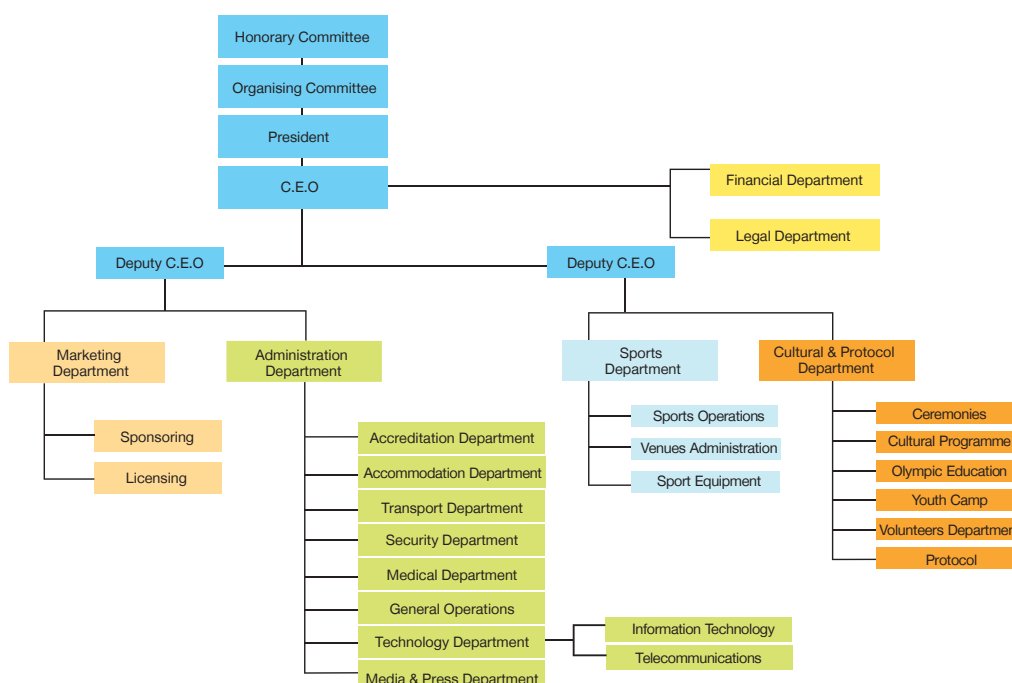
1.2 Our Mission

- To organise technically excellent games.
- To provide to athletes, spectators and volunteers a unique experience.
- To promote and disseminate the Olympic values and ideals.
- To promote the benefits of the Games among the countries of the Small States of Europe.

1.3 The Executive Committee of the XIII GSSE

President:	Kikis N. Lazarides	Cyprus
Vice President:	Yvette Lambin Berti	Monaco
General Secretary:	JosepToni Guerra	Andorra
Members:	Olafur Rafnsoon	Iceland
	Leo Kranz	Liechtenstein
	Marc Theisen	Luxembourg
	Justice Lino Farrugia Sacco	Malta
	Angelo Vicini	San Marino

1.4 Organisational Chart for the XIII GSSE - Cyprus 2009



1. INTRODUCTION

Organising Committee:

Executive Committee of the Cyprus NOC:

Kikis N. Lazarides	- President
Demetris Lordos	- Vice – President
Andreas Stavrou	- Secretary General
Damianos Hadjidamianou	- Treasurer
Charalambos Lottas	- Member
Charalambos Makrides	- Member
Costas Matsoukaris	- Member
Loukis Louca	- Member
Michalis Hadjikyriacos	- Member
Nicos Marcoulides	- Member
Totos Theodosiou	- Member
Clea Papaellina	- Member
Stavros Michaelides	- Member

Board of the Cyprus Sports Organisation:

Nicos Kartakoullis	- President
Evipides Theocharides	- Vice – President
Iason Perdios	- Member
Lakis Psimolophitis	- Member
Andreas Georgiades	- Member
Clea Papaellina	- Member
Palladios Nicolaou	- Member
Pambos Stylianou	- Member
Savvas Kosiaris	- Member

1.5 Team Cyprus 2009

President:	- Kikis N. Lazarides
Chief Executive Officer (CEO):	- Alecos Spanos
Deputy Chief Executive Officer:	- Clea Papaellina
Deputy Chief Executive Officer:	- Olga Piperidou

Directors:

Administration Department	- Andreas Stavrou
Financial Department	- Damianos Hadjidamianou
Legal Department	- Amalia Erotokritou
Marketing Department	- Michalis Hadjikyriakos
Cultural & Protocol Department	- Clea Papaellina
Sports Department	- Costas Papacostas

1. INTRODUCTION

Administration Department

Accreditation
Accommodation
Transport
Medical
General Operations
Information Technology
Media & Press

- Stavros Michaelides
- Nicos Marcoulides
- Charalambos Lottas
- Costas Christodoulakis
- George Terezopoulos
- Constantinos Dimaras
- Iacovos Kakouris

1.6 Technical Commission

President:
Vice – President:
Secretary General:
Members:

George Diderich	- Luxembourg
Alecos Spanos	- Cyprus
Josep Toni Guerra	- Andorra
Gudmundur Hardarson	- Iceland
Alex Hermann	- Liechtenstein
Philip Psaila	- Malta
Jean-Pierre Schoebel	- Monaco
David Santi	- San Marino

1.7 Cyprus Olympic Committee

Address:
21 Amfipoleos str.
P.O.Box 23931,
1687 Nicosia,
Cyprus

Phone: + 357 22 449880
Fax: + 357 22 449890
e-mail: cypnoc@cytanet.com.cy
Web site: www.olympic.org.cy
Web site of the Games: www.cyprus2009.org.cy

2. ABOUT CYPRUS

2.1 Cyprus

Cyprus is an island located in the eastern Mediterranean, strategically situated at the crossroads of Europe, Asia and Africa and in close proximity to the busy trade routes linking Europe with the Middle East, Russia, Central Asia and the Far East. Cyprus extends 240 kilometres (190 miles) from east to west and 100 kilometres (62 miles) from north to south. The total area of Cyprus is 9.251 sq kilometres (3.572 sq miles).

Cyprus gained its independence from British colonial rule in 1960. In 1974 Turkey invaded Cyprus and occupied 36,2% of its sovereign territory. The ceasefire line runs right across the island and cuts through the heart of the Capital, Nicosia, dividing the city and the country. Although its northern part is under foreign occupation, the Republic of Cyprus is internationally recognised as the sole legitimate State on the island with sovereignty over its entire territory.

The capital and largest city of Cyprus is Nicosia, with a population of 224.500 (in the government-controlled part of the city only). Limassol, on the southern coast, is the second largest city with a population of 176.900.

Cyprus has a presidential system of government. The President is elected by universal suffrage for a five-year term. Executive power is exercised through an 11-member Council of Ministers appointed by the President. Turkish Cypriots have refused to participate in the government since late 1963.

Cyprus is a member of the European Union since 1 May 2004 and joined the eurozone on 1 January 2008, whereby the euro replaced the Cyprus pound as the official currency. The application of EU laws and regulations is suspended in the area under military occupation by Turkey, pending a solution to the division of the island.

2.2 Geography and Orientation in Cyprus

Cyprus is the third largest island in the Mediterranean, after Sicily and Sardinia, with an area of 9.251 sq kilometres (3.572 sq miles). It is situated at the north-eastern corner of the Mediterranean, at a distance of 300 kilometres north of Egypt, 90 kilometres west of Syria, and 60 kilometres south of Turkey. Greece lies 360 kilometres to the north-west (Rhodes and Karpathos). Cyprus lies at a latitude of 34°33' - 35°34' North and longitude 32°16' - 34°37' East.

The country has two mountain ranges: the Pentadaktylos range which runs along almost the entire northern coast, and the Troodos massif in the central and south-western parts of the island. Cyprus' coastal line is indented and rocky in the north with long sandy beaches in the south. The north coastal plain, covered with olive and carob trees, is backed by the steep and narrow Pentadaktylos mountain range of limestone, rising to a height of 1.042 m. In the south, the extensive mountain massif of Troodos, covered with pine, dwarf oak, cypress and cedar, culminates in the peak of Mount Olympus, 1.953 m. above sea level. Between the two ranges lies the fertile plain of Messaoria.

2.3 Weather & Climate

Cyprus enjoys an intense Mediterranean climate of hot dry summers starting in mid-May and lasting until mid-September and rainy, quite mild winters from November to mid-March. Spring and autumn are effectively short intervals in between, characterised by smooth weather. With almost year-round clear skies and sunshine, daylight length ranges from 9.8 hours in December to 14.5 hours in June. Daily temperatures during the hottest months of July and August, range between 29°C on the central plain and 22°C on the Troodos Mountains. The average maximum temperatures for these two months range between 36°C and 27°C. In January, the coolest month, the indicative daily temperature is 10°C on the central plain and 3°C on the higher parts of the Troodos Mountains while the average minimum temperatures are 5°C and 0°C.

2. ABOUT CYPRUS

2.4 Flora and Fauna

With its approximately 1.800 species, subspecies and varieties of flowering plants, Cyprus is an extremely interesting place for nature lovers and has all the attributes which make it a botanist's paradise. Being an island, it is sufficiently isolated to allow the evolution of a strong endemic flowering element. At the same time, being surrounded by big continents, it incorporates botanological elements of the neighbouring land masses. About 7% of the indigenous plants of the island - 140 different species and subspecies - are endemic to Cyprus.

The present-day fauna of Cyprus includes some 7 species of land mammals, 26 species of amphibians and reptiles, 365 species of birds, and a great variety of insects, while the coastal waters of the island give shelter to 197 fish species and various species of crabs, sponges and echinodermata.

The largest wild animal that still lives on the island is the Cyprus moufflon (*Ovis orientalis ophion*), a rare type of wild sheep that can only be found in Cyprus. Cyprus is used by millions of birds as a stopover during their migration from Europe to Africa and back. The main reason for that is the existence on the island of two wetlands, with unique and international importance, namely the Larnaka and Akrotiri salt lakes. From the numerous wild birds of Cyprus, birds of prey are the most fascinating and among them the Eleonora's falcon (*Falco eleonora*) and the imperial eagle (*Aquila heliaca*) are the jewels in the crown. The island's sea creatures include seals and turtles. Two marine turtles, the Green turtle (*Chelona mydas*) and the Loggerhead turtle (*Caretta caretta*) breed regularly on the island's sandy beaches and are strictly protected. The main forest plant species are the Brutia pine (*Pinus brutia*) and the Black pine (*Pinus nigra*) found in the Troodos mountain area. The Cyclamen (*Cyclamen cyprium*) has been declared Cyprus' national plant while the Golden oak (*Quercus alnifolia*) has become the island's national tree.

2.5 Nicosia

Nicosia is a modern city with a multitude of sports facilities that have hosted numerous major international competitions. The infrastructure in place is ready to welcome the participants of the XIII Games of the Small States of Europe CYPRUS 2009. The compact nature of the capital of Cyprus means that all venues are within easy reach of the accommodation of the participating delegations and also at a close distance between them.

Nicosia, the island's capital, combines both old and new in a busy, modern, commercial and business centre and a centuries-old culture. The centre of the city is its old quarter surrounded by a Venetian sandstone fortress wall with a moat and heart-shaped bastions.

Mosques and palm trees give an oriental atmosphere to the old city. Wander round narrow streets with overhanging balconies and the beautifully restored pedestrian precinct with craft shops, cafes and tavernas. Make sure you stop off at St John's cathedral with its frescoes and the marvellous museum of Byzantine icons. In the evening catch a concert in the moat or an exhibition at the Famagusta Gate, one of the three original entrances into the old city, which has now been restored and is used as a cultural centre.

The new town spreads beyond the walls with a modern Europeanised centre of high-rise buildings, office blocks, shops and pavement cafes, expanding into suburban residential areas. Of the city's main sights, the Cyprus Museum houses the best collection of archaeological artefacts on the island, including a first century AD Roman statuette of Aphrodite of Soli and the original mosaic of Leda and the Swan, while the Leventis museum depicts the history of the town.

2. ABOUT CYPRUS

2.6 Limassol

Three sports of the XIII Games of the Small States of Europe will be held in Limassol, on the southern coast of Cyprus. Sailing will be based at the Limassol Sailing Centre, home of the Nautical Club of the city. The Nautical Club, located on the tourist strip at the eastern entrance of Limassol, will also host the Beach Volleyball competition of the Games. The gymnastics events will be held at the “Spyros Kyprianou” Sports Centre, to the northwest of town.

The old town of Limassol is the heart of the city with its narrow streets radiating out from the old fishing harbour. The medieval Limassol castle was the site of a royal wedding in the Middle Ages between Richard the Lionheart, King of England, and Berengaria of Navarre. It now houses the Cyprus Medieval Museum.

The town has grown in recent years and now covers a 15 kilometres coastline lined with hotels and apartment blocks, interspersed with eucalyptus groves and linked by a promenade popular with walkers or joggers.

The city's inhabitants are renowned for their love of fun so not surprisingly the city's nightlife is varied. All sorts of tavernas, discos and clubs are open all the year round, while beach bars along the coastal walkway add to the choice. Visitors join in the Bacchian excesses at the Wine Festival in September, or have fun at the Carnival with its fancy dress chariot parade and parties during Carnival in February. During summer, concerts are held under the stars in the Greco-Roman theatre of Kourion.

2.7 Machairas

Machairas National Forest Park in the Pitsilia region of the Troodos Mountain range contains over 600 plant species, including 27 indigenous to Cyprus. The dominant forest trees are the calabrian pine (*Pinus brutia*) and the golden oak (*Quercus alnifolia*). Fauna includes foxes, hares, hedgehogs, snakes, lizards and rare endemic species of butterfly. Park birdlife includes the Bonelli's eagle, the Cyprus warbler, the Cyprus wheatear, the coal tit, the scops owl, the jay, the chukar and wood pigeon. The two most important Cypriot rivers, Pedaios and Yialias, spring from the Park.

Machairas Monastery is situated at an altitude of 870 metres on the slopes of Mount Kionia in a picturesque depression of the Machairas Mountains. It houses the miraculous icon of Panagia of Machairas, attributed to Agios Loukas the Evangelist. Legend has it that an unknown hermit brought the icon to Cyprus secretly from Asia Minor during the years of iconoclasm (8th - 9th centuries).

2.8 Practical Guide for Cyprus

2.8.1 Entry Requirements:

A valid passport is required for a stay of up to 90 days for all bonafide tourists except citizens of European Union countries, Switzerland, Iceland, Liechtenstein and Norway who may enter Cyprus with their national identity card provided it bears a photo. Some non-EU third country nationals require a visa. Further detailed information can be obtained from the Ministry of Foreign Affairs.

2.8.2 Getting There:

The main gateway to Cyprus is Larnaca International Airport, 50 kilometres south of the capital, Nicosia, and 70 kilometres east of Limassol. Cyprus is well-connected by air to most major centres of Europe and the Middle East. In addition to regular flights, dozens of daily holiday flights connect Cyprus with the rest of the world throughout the year.

A second international airport operates in Paphos, but caters mostly to charter flights, with limited destinations and frequencies on scheduled flights.

2. ABOUT CYPRUS

2.8.3 Getting Around:

All major cities of Cyprus are connected with an extensive motorway system that runs along the southern coast between Aghia Napa in the east and Paphos in the west (via Larnaca, Larnaca International Airport, Limassol, Paphos International Airport and Paphos), as well as inland to Nicosia. Public transportation is limited to a few intercity buses serving the major centres. Taxis are widely available and can be hailed on the street, or ordered by phone or online. Numerous car-hire outlets, including all the major international chains, operate in Cyprus and most have desks at the airports. Driving is on the left.

2.8.4 Money:

As of 1 January 2008, the official currency of Cyprus is the euro (replacing the Cyprus Pound), divided into 100 cents. The euro comes in banknotes of €500, €200, €100, €50, €20, €10 and €5, and coins of €2, €1, €0.50, €0.20, €0.10, €0.05, €0.02, €0.01. Most major currencies may be exchanged at banks (open Monday to Friday 08:30-13:00), as well as at the larger hotels. Round-the-clock exchange facilities are available at both Larnaca and Paphos International Airports. Outside most bank branches, ATM's dispense local currency. Most major credit cards are widely accepted at almost every tourist-oriented establishment. In mid-April 2008 €1=1.59540 Swiss Francs and €1=118.975 Iceland Krona.

2.8.5 Time:

Cyprus time is two hours ahead of Greenwich Mean Time. Summer time, as in the rest of the European Union, is in effect from the last Sunday in March to the last Sunday in October, bringing Cyprus three hours ahead of GMT. Shop opening hours vary depending on type and location, but are generally open from between 07:00 and 09:00 until between 19:00 and 20:00 Monday to Saturday. Wednesday is generally early-closing day. Most regular shops are closed on Sundays. Mini Markets and Kiosks keep longer hours and 24-hour service is available in all major cities.

2.8.6 Electricity:

Electricity in Cyprus is 230V, 50 cycles, with UK-style, square-pin plugs. More than one low current rating appliance may be operated from the same supply point by using an adaptor (i.e. radios, electric clocks etc.). The use of adaptors for operating high current rating appliances is not recommended (i.e. electric heaters, toasters, irons etc.). Adaptors are widely available at supermarkets, grocery stores, kiosks etc. Hotel receptions may also be able to provide assistance.

2.8.7 Weights & Measures:

Cyprus uses the metric system of weights and measures. Temperatures are reported in degrees Celsius, petrol is sold by the litre, grocery items are in grams and kilograms, fabric lengths in metres, and road speeds and distances posted in kilometres.

2.8.8 Telephones:

Direct dial phone service is available between Cyprus and all countries of the world. International calls may be placed from any private or public phone. Public payphones come in three types: Coinphones, outdoor cardphones and indoor cardphones. All public phones have instructions posted in English and other languages. Telephone cards are widely available at kiosks and newsagents. To call overseas, dial 00 + country code + area code + local number. The international code for Cyprus (when calling from abroad) is 357.

Mobile phone networks in Cyprus are compatible with the European-wide GSM 900/1800 standards, but not with the systems available in the USA and Japan. Cytamobile-Vodafone and Areeba are the two mobile phone service providers in Cyprus. Both offer roaming in cooperation with foreign providers, as well as cheap PAYG (Pay-As-You-Go) local phone numbers and pre-paid cards.

2. ABOUT CYPRUS

2.8.9 Internet:

Broadband Internet is available practically everywhere in Cyprus. Internet cafés provide access and other computer-related services to visitors. Internet cafés can be found in all cities and towns of Cyprus. Most hotels also offer either wired or wireless access.

2.8.10 Languages and Religions:

Greek and Turkish are the official languages of Cyprus, but English is very widely spoken. German and French are also spoken within the tourism industry. English-language newspapers, magazines, TV and radio shows, either local or imported, are widely available throughout the island. Cyprus enjoys an exceedingly high level of freedom of worship. While the majority of Greek-Cypriots are Greek-Orthodox Christians, other denominations are represented on the island, including Armenians, Maronites and Roman Catholics. The Turkish-Cypriot community is predominantly Muslim.

2.8.11 Media in Cyprus:

Several newspapers are published in Cyprus daily in the Greek language. Additionally, Cyprus Mail is published daily in English. All newspapers are widely available at kiosks throughout the country. Seven national TV channels broadcast nationally, in addition to several local TV stations in Nicosia, Limassol, Larnaca and Paphos. News in English are broadcast on RIK2 of the Cyprus Broadcasting Corporation every evening. The CyBC is the state-owned TV and radio company of Cyprus. Numerous talk and music radio stations are available throughout the island.

For CYPRUS 2009, a broadcasting consortium has been set up, that will provide coverage of all sports and will also produce daily roundups. These roundups will also be available on this website. A daily newspaper for CYPRUS 2009 will be published during the Games by the Press Office of the event.

3. GENERAL GAMES INFORMATION

3.1 Accreditation

Accreditation is the process that identifies and registers all Games Participants.

3.2 Key Dates and Deadlines for Accreditation

Step	Action	Responsible	Time
1	Distribution of Accreditation Application Forms – On line system	GSSE O.C.	in February 2009
2	Distribution of Accreditation Application Forms for Foreign Athletes	GSSE O.C.	in February 2009
3	Completing and Returning Accreditation Form Application Forms	NOCs	by 1st April 2009
4	Returning Accreditation Application Forms for Foreign Athletes	NOCs	by 1st April 2009
5	Issue of Accreditation Cards	GSSE O.C.	by 28th of May 2008
6	Delegation Registration Meeting	GSSE O.C. & NOCs	in 30th of May 2009

3.3 Accreditation Process

All delegations must be correctly registered through the Accreditation process in order to participate in the Games.

Registration and accreditation applications for delegations and competitors should be made electronically by the NOC's using the dedicated section of the website **www.cyprus2009.org.cy**

The Organising Committee has defined the following compulsory fields for accreditation purposes:

- First Name
- Surname
- Sex
- Date of Birth
- Country of Birth
- Nationality
- Type of document
- Document number
- Document's place of issue
- Document's expiring date
- Town of Residence
- Country of Residence
- Recent Photo (Digital)
- Role (athlete, coach, etc.)
- Discipline/Sport

3. GENERAL GAMES INFORMATION

The accreditation cards are divided into the following categories:

		ACCREDITATION CATEGORIES		
Category		Population	Zone Access	Seating Access
VIP	IOC	IOC President IOC Guests	1,2,3	Red
	EOC	EOC President EOC Secretary General EOC Guests		
	IF	IF President IF Secretary General IF Guests		
	NOC	NOC President NOC Secretary General NOC Guests		
	GOV	Head of State Minister of Sports Guests		
	OCS	Sponsors		
	WADA	Guests		
AC		Chef de Mission Assistant Chef de Mission	1,2,3	Red
AO		Team Official Coach Administration	1	Blue
AA		Athletes	1	Blue
Y		Youth camp	1	Blue
J		Technical Delegates Judges & Referees	1	Blue
OC		Member of the Organising Committee Technical Directors of each Sport	1,2,3	Red
V		Volunteers	1,2,3	Blue
MED		Doctor Medical Staff	1,2,3	Blue
PRS		Press	1,3	Blue

3. GENERAL GAMES INFORMATION

Zone Access: Specifies to which areas in each venue the accredited population will have access.

1 = Fields of play, Athletes preparation areas, General Circulation Area, Administration area

2 = VIP Lounge

3 = Press and Broadcast Areas

Seating Access: Specifies to which areas in each venue the accredited population will have access.

Red: Seat in stand of Honour

Blue: Seat in all areas except stand of Honour

Applications for accreditation for all categories and for all potential members of each NOC delegation ("long list") must reach the Organising Committee at least two (2) months before the opening of the games. Deadline is the **1st of April 2009**.

3.4 Arrivals and Departure

All delegations and accredited members will be welcomed by a representative of the Organising Committee at Larnaca Airport.

All NOC's will be requested to provide details of their arrival and departure arrangements using the official Arrival and Departure Form. The Organising Committee will provide transport facilities for all accredited persons.

Arrival and Departure Forms should reach the Organising Committee by 30th April 2009.

Chef de Mission of each delegation is expected to arrive two or three days before the Opening Ceremony of the Games, for the Delegation Registration Meeting (DRM).

3.5 Board and Accommodation

Accommodation will be offered in three to five star Hotels in Nicosia, Limassol and Larnaca.

- VIPs, Media and Press will be accommodated in Hilton Hotel in Nicosia.
- Judges will be accommodated in Classic Hotel in Nicosia.
- Delegations will be accommodated either in three or four star Hotels depending upon NOC's request.
- For delegations choosing to be accommodated in three star Hotel participation fee for each day will be 110 Euros.
- For delegations choosing to be accommodated in four star hotel participation fee for each day will be 140 Euros.

In case the number of requests for three or four star hotels exceeds availability of rooms, priority will be given to larger delegations in team size.

3. GENERAL GAMES INFORMATION

Hotels in Nicosia

Hotel	Category
Hilton Park	4 star
Holiday Inn	4 star
Europa	3 star
Centrum	3 star

Hotels in Limassol

Hotel	Category
Poseidonia	4 star
Arsinoe	3 star

Hotels in Larnaca

Hotel	Category
Lordos Beach Hotel	4 star

All meals will be served in respective hotels as follows:

Breakfast:	07.00 – 10.00
Lunch:	12.00 – 15.00
Dinner:	19.00 – 22.00

- All meals for Basketball and Volleyball teams will be extended in accordance with the competition schedule.
- All menus will be supervised by a dietitian.

The dining room will open for the first time on Sunday the 31st of May 2009 at 19.00 and close on Saturday 6th June at 15.00.

The dinner on the 1st of June 2009 will be from 18.00 to 20.00.

The dinner on the 6th of June will be held at a different venue.

On request lunch-boxes will be available every day. Orders will have to be placed by the Chef de Mission at the Accommodation Office in the Headquarters by midday on the previous day.

The official order forms will have to be used for this purpose. The lunch-boxes will be collected by a team official at the Hotel by 10.00a.m. at the latest.

Costs of all extras, e.g. telephone, minibar, snacks drinks, rental, laundry services, and any sort of equipment etc. which have not been paid for, will be charged to each delegation.

The Chef de Mission has to settle the account before the delegation departure from the Hotel. When checking out the hotel rooms will be examined by the Chef de Mission and the Hotel Director together. Any damage caused by a delegation member will be charged on the delegation and cleared with the damage deposit.

3. GENERAL GAMES INFORMATION

3.6 Access Control and Safety

In all competition venues and the headquarters, strict access-controls will be carried out in certain areas.

This is in the interest of the:

- Protection of the athletes while preparing for the competitions.
- Guarantee of seats for the accredited persons.

The Accreditation Card must always be visible.

Cyprus is a country with a comparatively low crime rate. Nevertheless, there will be some security precautions without hindering the athletes' freedom. The Organising Committee declines any liability.

3.7 Headquarters (HQ)

Headquarters of the Games located at the Olympic House will include:

LOCATION	DAY	TIME
Information Centre and Secretariat	29th May – 6th June	07.30 – 21.00
Finance Office	29th May – 6th June	07.30 – 14.30
Accreditation Office	29th May – 4th June	07.30 – 21.00
Transport Office	29th May – 6th June	07.30 – 21.30
Accommodation Office	29th May – 6th June	07.30 – 21.30
Protocol Office	29th May – 6th June	07.30 – 21.30
Chef de Mission Offices:		
Andorra	29th May – 6th June	07.30 – 24.00
Cyprus	29th May – 6th June	07.30 – 24.00
Iceland	29th May – 6th June	07.30 – 24.00
Liechtenstein	29th May – 6th June	07.30 – 24.00
Luxembourg	29th May – 6th June	07.30 – 24.00
Malta	29th May – 6th June	07.30 – 24.00
Monaco	29th May – 6th June	07.30 – 24.00
San Marino	29th May – 6th June	07.30 – 24.00

All necessary data and information, like starting lists, cultural programme events, ceremonies etc. will be available daily in the information Centre.

All necessary information will also be accessible at the Main Press Centre (MPC).

From Sunday 31st May 2009 – Saturday 6th June 2009 a daily Chef de Mission meeting will take place at 08.00 hrs at headquarters at the Olympic House.

3. GENERAL GAMES INFORMATION

3.8 Payment Conditions

The costs for board and lodging for three star Hotels amounts to €110 per day, per person and for four star Hotels amount to €140 per day, per person.

The Organising Committee will cover the expenses for the Accommodation of 20 persons, per delegation for 6 days, i.e.:

Accommodation in 3 Star Hotels

- 20 persons X 6 days X €110

Accommodation in 4 Star Hotels

- 20 persons X 6 days X €140

Each NOC will pay for any additional expenses incurred by its team, as well as travel expenses.

Payments must be made in Euros (€). No other currency will be accepted.

Payments are due as follows:

- First Installment by the 23rd of January 2009 covering 25% of the total cost for board and lodging.
- Second Installment by the 27th of March 2009 covering 25% of the total cost for board and lodging, plus security deposit for damages.
- Final payment by the 27th of May 2009 covering the other 50% of the total costs for board and lodging. Adjustment to expenses will be undertaken by the Chef de Mission prior to the delegation's departure on the 7th of June 2009.

Damage Deposit:

An amount of €3000 per National Olympic Committee as a damage deposit will be payable with the second installment.

This deposit will be returned to the NOC 15 days after the end of the Games should no damages have occurred or have been noted.

In the event of any damage, the deposit remains at the disposal of the Organising Committee and will be used for paying the costs of repairs. In that case a final account for the damage deposit will be forwarded to the appropriate NOC.

3. GENERAL GAMES INFORMATION

Bank Transfer Payment:

All payments must be made to the following account:

Account Name:	Cyprus Olympic Committee
Name of the Bank:	Bank of Cyprus
Bank Address:	51 St. Stasinou, Agia Paraskevi, P.O.Box 21472 1599 Nicosia, Cyprus
Account Number:	183-05-11440
Swift Code:	BCY PCY 2N010
Iban Code:	CY55 0020 0183 0000 0005 0114 4000

3.9 Transport:

A proposal will be discussed during the Executive and Technical Committee Meeting.

3.10 Press Centre

The Press Office of CYPRUS 2009 will be responsible for running the Press Services of the Games, coordinating the television productions and publishing the daily newspaper of the Games.

There will be one Main Press Centre (MPC1) located at the GSP National Stadium and one other (MPC2) located at the “Eleftheria” Indoor Hall. Operation will begin on 29th May and continue until 7th June 2009, to serve the needs of all accredited journalists for the competition.

The Main Press Centre will also be equipped with photocopiers and wifi Internet access will be available.

The following will operate within or adjacent to the MPC:

- Info / Help / Message Desk for accredited journalists
- Press Working Area
- Office of MPC Manager
- Main Results Centre
- Photo centre

Venue Press Office (VPO) will be situated in venues not located in the Main ones.

The Press Office of CYPRUS 2009 will publish a daily newspaper with results and information about all sports, for the duration of the XIII GSSE. Five thousand copies will be made available for distribution to journalists, athletes, officials and spectators. Articles will be in both Greek and English.

Journalists will have free use of the Games Transport System. Information about the system will be published in due course.

3. GENERAL GAMES INFORMATION

3.11 Information Technology System

Information on the Games will be available via Internet on the following website:

<http://www.cyprus2009.org.cy>

All accredited persons from the delegations will be able to access this website in areas reserved for this purpose.

A computer with internet access will be available for Chef de Missions at the Headquarters.

3.12 Telecommunication Service

Each delegation will receive two mobile telephones. The units are charged with a certain fee amount and can, on request, be recharged against payment. Additional units can be ordered against charge.

3.13 Ceremonies

The Opening Ceremony will take place on Monday 1st June 2009 at the GSP National Sport Complex at 20.30 hrs (subject to change).

The Closing Ceremony will take place on Saturday 6th June 2009 at 20:30 (subject to change). Place will be determined.

The Farewell party will take place on Saturday 6th June 2009 at 21:30 (subject to change), venue to be announced.

3.14 Medical Services

A medical care programme covering transportation by ambulance and hospital services will be available free of charge to all accredited individuals.

Permanent medical teams will be available in certain competition venues; other venues will be covered by a mobile team.

A Medical Office will be set up in the Headquarters. It will be in charge of co-ordinating emergency measures.

These measurers will be in force from 1st to 6th June 2009

For all individuals associated to the NOC, who are not covered by the accreditation categories mentioned in the first paragraph, the cost of any potential medical care, whether in cases of emergency or not, will be at the expenses of the patient.

3. GENERAL GAMES INFORMATION

3.15 Youth Camp

The Organising Committee of the XIII GSSE invites two young athletes from each participating country to live the unique experience of the Games.

The Youth Camp is an educational and cultural programme for young people from the eight small States of Europe.

The camp will provide a chance for young people to learn about the Games of the Small States of Europe and the Olympic Spirit; strengthen understanding and friendship among participating countries; experience the culture of Cyprus.

Each NOC may send one boy and one girl between 14 – 16 years of age by the Games time. The Organising Committee recommends the following criteria as reference:

- Conversation ability in English is strongly required for efficient communication.
- Be good at sports for feature demonstration.
- It is highly recommended that the campers be selected not only on the basis of their achievements in sports, but also in their achievements in activities within the Olympic Movement context.

The camp will take place from June 1 to 6, 2009. Participants are expected to arrive on 31st May and depart on 7th June 2009.

The Organising Committee will be responsible to cover transport and accommodation expenses within Cyprus for all youth campers. Other expenses, e.g. air ticket, should be covered by the participating NOCs.

4. TECHNICAL REGULATIONS

4. ENTRIES

4.1. Preliminary Entries by Number

Entries by number concerning the sports and events in which each country will take part, as well as the approximate number of athletes and official making up, each delegation must reach the Organising Committee at the latest six (6) months prior to the Opening date of the Games. Deadline is on 1st December 2008. The entry forms will be dispatched to all NOC's in October 2008.

Two (2) months before the opening of the Games each NOC must state the final number of officials and athletes taking part in each event. The figures received and the consequences thereof, following the GSSE Statutes and regulations (deletion of events), are to be sent fifteen (15) days after to all NOC's.

After this day, all sports and events in conformity with the GSSE Statutes and regulations will take place in the Games. No cancellation of a competition or event due to insufficient entries is allowed after this day.

4.2. Entries by Name

Athletes' entry by name ("long list") for each sport and event shall be submitted to the Organising Committee at least two months before the opening of the Games. Deadline is the 1st April 2009.

4.3. Entries by name of foreign Athletes

Entries by name of all foreign athletes must be received by the Organising Committee two (2) months before the opening of the Games. Deadline is the 1st April 2009. After this date, no new entry of a foreign athlete, even as a substitute, will be accepted.

At that time the Technical Commission decides upon the eligibility of each foreign athlete. Their entries must be accompanied by a declaration, signed by the President or Secretary General of the NOC, the relevant National Federation and by the athlete confirming that the eligibility rules of article 4 have been respected. The official permission of residence for each foreign athlete is to be attached to the entry form. Entries without those documents will not be accepted.

The decisions on the eligibility of foreign athletes will be communicated to all NOC's no later than six (6) weeks before the opening of the Games.

4.4. Final Entries by name

Final Entries by name for each Sport and for each event (discipline), must reach the Organising Committee one (1) week before the Opening of the Games at the latest. Deadline is the 24th of May 2009.

After deadline of 1st April 2009, no new name not included in the "long list" will be accepted to entered in the final entries by name.

However, new athletes entered in the long list, not including foreign athletes, limited to 10% of the contingent, shall be accepted as substitutes at the Delegation Registration Meeting (DRM) two (2) days before the opening of the Games.

Entries by Name must be confirmed or scratched at the technical meetings of each sport, which are to be held at least one (1) day before the start of the competition of a particular sport.

Individual events, in which two (2) or more athletes per country may be entered will only take place if, on the date of receipt of final entry by number, 1st April 2009, five (5) athletes from three different countries have at least been entered. In Cycling (MTB) the minimum required is ten (10) athletes from three (3) countries.

4. TECHNICAL REGULATIONS

The events in which just one (1) athlete per country may participate, will only take place if on the date of receipt of final entries by number, 1st April 2009, at least four athletes have been entered. In Judo the minimum number of athletes required is three.

Relay events will be held only if on the date of receipt of final entries by number, at least four (4) teams have been entered.

A team competition including doubles, will take place if on the date of receipt of final entries by number, at least four (4) countries have been entered.

For Judo only, the team event will take place if on the date of final entry by number, 1st April 2009, at least three (3) teams have been entered.

4.5. ENTRIES TIMELINE:

DATE	ACTION
1st December 2009	Preliminary entries by number
1st April 2009	Final Entries by Number
1st April 2009	Entries by Name "long List"
1st April 2009	Final Entries by Name for Foreign Athletes
24th May 2009	Final Entries by Name

4.6. Delegation Registration Meetings (DRM)

The DRM will be held between the Chef de Mission (or an official, designated in writing by the Chef de Mission) and representatives of the Organising Committee.

The Chef de Mission, or the designated official, must arrive in Cyprus at least two days in advance of their delegation, which is on the 29th of May 2009.

DRMs will be held on 30th of May 2009.

DRMs will be fixed to begin no earlier than 08.00 hrs and finish no later than 21.00 hrs depending on the size of the delegation.

The purpose of the DRM is to confirm with the Chef de Mission (or the designated official) of each delegation:

- Persons eligible to receive accreditation
- Actual Sport Entries
- Accommodation Allocation
- Financial Issues

4. TECHNICAL REGULATIONS

4.7 Technical Meeting

A Technical delegate for each sport will be nominated by the International Federation (IF) to control the competitions. He or she will not be from one of the participating countries.

The Technical Meetings for each Sport will be coordinated by a Sport Technical Committee composed of:

- the Technical Delegate appointed by the (IF)
- the Technical Director of each sport nominated by the Organising Committee and
- one representative of the GSSE Technical Commission

A meeting between the members of the Technical Committee of each sport should take place one day before the Opening Ceremony, on the 31st May 2009.

The meeting agenda of the meeting of the Sport Technical Committee will include discussion for the preparation of the following subjects:

- Organisation of Sport according to the Technical Regulations
- Appointment of Judges/Referrees
- Competition draws, where applied
- Start list and results

The Technical Delegate of the IF will chair the Technical Committee of each sport.

A Technical Meeting for each Sport will be held no later than the day preceding the first contest on the Sport concerned. The Technical Committee of the Sport will chair the meeting in question.

The Technical Meeting for each sport shall be composed of the following members:

- The Technical Delegate appointed by the International Federation.
- The Technical Director nominated by the Organising Committee.
- One (1) representative of the GSSE Technical Commission.
- Two (2) delegates from each country.

4. TECHNICAL REGULATIONS

4.8. Judges and Referees

For each sport the judges and referees are:

- International judges and referees recognized by the relevant International or European Federation, entered by name at least three (3) months before the beginning of the Games. These referees are accompanying participating countries at their own expenses.
- International judges and referees named by the Organising Committee, in order to ensure impartiality during the Games.

All International judges and referees are to be integrated in one pool under the responsibility of the Technical Commission, of each sport.

4.9. Jury of Appeals

A Jury of Appeal will be appointed for each sport during the technical meeting of the sport concerned, in accordance with the respective rules and practices. The Jury of Appeal shall decide upon all appeals submitted according to the International Rules of that sport. This Jury will be chaired by the Technical Delegate of the International Federation.

The Executive Committee of the GSSE shall designate two (2) members (and other two (2) substitutes to ensure neutrality) on all appeals at the first meeting of the Games. These two members, who are completely neutral in the case, will decide under the Chairmanship of the President of the GSSE.

4.10. Protests

All protests must be notified in writing in English or in French, and be submitted to the technical delegate of the discipline concerned, within a maximum of thirty (30) minutes from the moment the results of each event have been officially announced.

Each protest must be accompanied by a €100 fee.

Should the protest be founded, the fee will be returned to the delegation. If not, it will be kept by the Organising Committee.

4.11. Medical Commission and Doping Tests

The Medical Commission of the 2009 GSSE will be composed of the following:

- Member of the EOC Medical Commission
- Member of the O.C. Medical Commission - Dr Chistodoulakis Costas
- Member of the Accredited Laboratory

A meeting will be set up prior to the opening of the Games between the Medical Commission and the medical officials of each delegation.

This meeting will take place on Monday 1st June 2009 at the Headquarters of the Organisation

4. TECHNICAL REGULATIONS

During this meeting all the official papers (curriculum vitae, copy of diplomas and certificates authorising the individuals concerned to practise their profession in their country) regarding the medical and paramedical staff of each delegation, registered by the Organising Committee will be checked.

Information will also be furnished concerning the medical organisation during the Games and the services covered by the Organising Committee.

AUTHORISATION TO PRACTICE MEDICINE

Doctors of each team, who intend administering medical care to members of their delegation during the Games, must be registered with the Organising Committee's Medical Commission.

They will be subject to the restrictions imposed regarding the extent of services they are able to provide.

Registration forms for NOC doctors should be filled in, in the same way as those for members of the delegation.

However, prior to filling out a registration form, a curriculum vitae together with a copy of diplomas and a certificate authorising them to practise their profession in their country, should be sent to the Organising Committee.

By April 1st 2009, health professionals other than doctors (physiotherapists for example) should register according to the regulations of the general accreditations process.

Doping

The Medical Commission is responsible for applying the rules of the anti-doping code, as prescribed by the Medical Commission of the IOC and WADA. Samples will be sent to an IOC/WADA accredited laboratory for testing. If a competitor is found guilty of doping, then the Chef de Mission of that team will be informed as well as the competitor. The athlete will be automatically disqualified from the Games and the regulations of the International Federation concerned will be applied. It is the athletes' and coaches' responsibility to be aware of the latest doping regulations.

Control Stations specifically designated for anti-doping tests will be set up on different locations in Nicosia and Limassol. Doping control collections will be done at these Stations to all selected athletes.

All selected athletes will be given written notification and will be accompanied by an escort until they arrive at the collection site.

A member from the European Olympic Committee Medical Commission will be invited to form part of the Medical Commission for the games and he/she will be observing the doping control procedures.

It is imperative that all participating athletes in the Games be screened by their medical teams and written notification of any medications that fall under this category (as per IOC/WADA list banned substances) will have to be undertaken on appropriate form that will be sent to the Chef de Mission, prior to the event and passed on to the GSSE Medical Commission.

4.12. Insurance

All members of the delegations are responsible for their own insurance. The Organiser declines any liability.

5. SPORT DISCIPLINES

ATHLETICS:



Organizing Committee:

Cyprus Amateur Athletics Association: Phone: +357 22 449825
Fax: +357 22449829

Antonios G Dracos
George Mitsides
Litsa Iacovidou

President

Sport Technical Director:

Antonis Georgallides Phone: +357 22 449828

Athletics Competition:

The athletics competition will be held on Tuesday 2nd June, on Thursday 4th June and on Saturday 6th June 2009. All Athletics events will take place at GSP National Athletics Stadium, in Nicosia.

Competitions will take place in accordance with the International Association of Athletics Federation (IAAF) rules, unless there are any other specific modifications stipulated in the GSSE technical rules and regulations.

Participation in the athletics competition:

Each country can enter:

- Two (2) athletes for each individual event
- One (1) team for each relay event.

Final Entries by number must reach the Organizing Committee by the 1st of April 2009 at the latest.

Entries by name ("Long list") must reach the Organizing Committee by the 1st of April of 2009 at the latest.

Entries by Name of all foreign athletes must reach the Organizing Committee by the 1st of April 2009 at the latest. No further registrations for foreign athletes, even as a substitute, will be accepted after this day.

Final Entries by name must reach the Organising Committee by the 24th of May 2009 at the latest.

Competitions in which two or more athletes per country may be entered, will only take place if on the date of receipt of final entries by number and entries by name, 1st April 2009, at least five (5) athletes from three (3) different countries have been entered.

Relay events will take place, if on the date of receipt of final entries by number at least four teams have been registered.

5. SPORT DISCIPLINES

Team Events:

The points Awards System for Men's and Women's teams will be calculated as follows:

- Only one (1) athlete per country will earn points for his/her team in the event in which he/she has participated.
- The points each athlete will earn will be on a reducing scale, starting from eight (8) and reducing independently to the number of participants to the event. This means that if, for example, a country has two athletes who come 1st and 2nd, the 1st will get 8 points, but the second will score nothing. The athlete who comes 3rd will score 7 points and so forth.
- The country with the maximum number of points will be awarded first prize trophy, the country with the second highest number of points will be awarded the second prize trophy and the country with the third highest number of points will be awarded the third prize trophy for both Men and Women.
- The country that does not present at least one athlete in the final of an event will receive no points for the event.



Preliminary Heats:

Qualification competitions will take place in the following manner:

- a. If the number of registered athletes is between nine (9) and sixteen (16) on the 100m, 200m, 400m, 800m, 100m hurdles and the 400m hurdles, qualification heats will take place.

Should two preliminary heats take place, the first two (2) athletes in each heat and the four (4) athletes with the best time will qualify.

Should the number of athletes entered for the 800m exceed eight (8), the IAAF technical delegate will decide how the competition will take place.

- b. Athletes will be split up into different qualification heats according to their best performance during the 2008/2009 season, as indicated on the individual registration forms.
- c. Regarding all other scheduled competitions, all registered participants will take part in the final. For the long jump, javelin throw, discus throw and shot put, the first eight (8) athletes will be given three more attempts after the three initial attempts.
- d. Cancellations must be received the day before the event latest by 12.00 pm at the athletes call room.

Initial heights and progression:

- For the men's high jump, the initial height will be 1.70m.
The bar will be raised by 5cm each time up to 2.00m and by 3cm each time after that.
- For the women's high jump, the initial height will be 1.45m.
The bar will be raised by 5cm each time up to 1.80m and by 3cm each time after that.
- For the men's pole vault, the initial height will be 3.60m.
The bar will be raised by 20cm each time up to 4.40m, by 10cm from 4.40m to 4.80m and by 5cm each time beyond 4.80m.

5. SPORT DISCIPLINES



- For the women's pole vault, the initial height will be 2.40m. The bar will be raised by 20cm each time up to 3.00m, then by 10cm after that.
- For the triple jump, the board will be installed at 11m for women and 13m for men.

Requests for an initial lower height must be made at the Technical Meeting.

The Call Room:

The Call Chamber will be located near the competition venue.

All athletes must report to the Call Room:

- 20 minutes before races begin.
- 25 minutes before hurdles and relay races begin.
- 45 minutes before the high and long jump, and throwing competitions begin.
- 60 minutes before the pole vault competition begins.

Only one coach per country will be allowed access to the Call Room.

No other individuals will be allowed into the Call Room and access will be limited.

Warm Up:

During competitions, warm-up sessions will take place in the stadium near the main stadium.

Facilities and Equipment:

The multi-purpose stadium comprises a 400m track with 8 lanes with fully automatic electronic timing.

Competition facilities are located either in the semi-circles (long jump, javelin, steeple-chase) or alongside the track (long jump, triple jump).

Data sheet:

Capacity:	Six thousand persons (6.000)
Facilities:	A 400m track with 8 surfaced lanes, fully automatic electronic timing
Floor surface:	Polytan synthetic surface
Training zone:	A warm-up track has been installed in the building close to the Call Room The warm-up stadium is within close proximity of National Stadium
Changing rooms:	Four (4) changing and two (2) massage rooms

Competitor Uniform:

All participants must wear their country's uniform, which must comply with the GSSE statutes and regulations.

The bib number sets (3) furnished by the organization must be completely worn:

- On the chest and back during all competitions, except for the high jump and the pole vault.
- On the chest or the back for high jump and pole vault.
- For the races, athletes must wear the bib numbers provided by the organization.
- Athletes who participate in various events keep the same bib number throughout. This applies to relay for the four (4) participants.

5. SPORT DISCIPLINES

Competition implements:

The Organising Committee will provide implements and equipment certified by the IAAF for the athletes.

The personal implements will be accepted on condition that this has been handed in the athletics call room the day before at 12.00 the latest for verification.

Judges and Referees:

Judges and referees can be:

- International judges and referees recognized by the relevant International or European Federation, entered by name at least three (3) months before the beginning of the Games. These referees are accompanying participating countries at their own expenses.
- International judges and referees named by the Organising Committee.

All International judges and referees will be integrated in one pool under the responsibility of the Sport Technical Commission.

Technical Meeting:

A Technical Meeting will be held on Monday the 1st of June 2009 at the Headquarters of the Organization.

The meeting will be presided over by the Athletics Technical Committee chaired by the IAAF Technical Delegate.

Protests:

Disputes shall be resolved in accordance with IAAF regulations, with provisions laid out in the GSSE Statute and Technical Regulations. All protests must be notified in writing in English or in French and be submitted to the technical delegate of the IAAF within a maximum of thirty (30) minutes from the moment the results of each event have been officially announced.

Each protest must be accompanied by a €100 fee.

If the protest is upheld, the fee will be returned to the delegation. If not, it will be kept by the Organizing Committee.

Medical

A doctor will be present at the venue during the competition.

In case of emergency, a Service Ambulance will be provided by the Organisation upon request.



5. SPORT DISCIPLINES

Presentation of Medals:

Medals will be awarded as indicated in the programme and in compliance with GSSE rules.

The following medals will be awarded on the competition venue according to the competition programme timetable:

1. A Gold Medal for athletes ranking first (1st) in each individual, relay and team events.
2. A Silver Medal for athletes ranking second (2nd) in each individual, relay and team events.
3. A Bronze Medal for athletes ranking third (3rd) in each individual, relay and team events.

Prize awarding ceremonies will take place after each event. However those concerning the last event(s) of the day can be deferred to the next day.



Participating Countries:

Countries	MEN	WOMEN
ANDORRA	X	X
CYPRUS	X	X
ICELAND	X	X
LIECHTENSTEIN	X	X
LUXEMBOURG	X	X
MALTA	X	X
MONACO	X	X
SAN MARINO	X	X

Athletics Events:

The Athletics Competitions will consist of the following events:

Men	Women		
100m	Long Jump	100m	Long Jump
200m	High Jump	200m	High Jump
400m	Triple Jump	300m	Triple Jump
800m	Pole Vault	800m	Shot Put
1500m	Shot Put	150m	Discus Throw
5000m	Discus Throw	500m	Hammer Throw
10000m	Hammer Throw	10000m	Javelin throw
3000m steeplechase	Javelin Throw	100m Hurdles	Relay 4 X 100m
110m Hurdles	Relay 4 X 100m	400m Hurdles	Relay 4 X 400m
400m Hurdles	Relay 4 X 400		

5. SPORT DISCIPLINES

Competition Programme:

(subject to modification)



DATE	TIME	RACES	FIELD EVENTS	AWARDS CEREMONY
02/06/09	17.00		Hammer Throw M - Final	
	18.00		Javelin Throw M - Final	
	18.15		Pole Vault M – Final	
	18.20	100m W – Heats		
	18.30			Hammer Throw M
	18.35	100m M – Heats		
	18.55	800m W – Final		
	19.00		High Jump W – Final	
	19.10	800m M – Final		
	19.15		Triple Jump W - Final	
	19.20	400m M – Heats		
	19.25			800m W
	19.30		Javelin Throw W- Final	
	19.35	400m W – Heats		
	19.50	5000m M – Final		
	20.05			800m M
	20.10	100m W – Final		
	20.15			Javelin Throw M
	20.20	100m W - Final		
	20.30	10000m W – Final		
	20.40			High Jump W
	20.45			Triple Jump W
	20.50			100m W
	20.55			100m M
	21.05			5000m M

5. SPORT DISCIPLINES

Competition Programme:

(subject to modification)



DATE	TIME	RACES	FIELD EVENTS	AWARDS CEREMONY
04/06/09	17.00		Hammer Throw W - Final	
	18.00		Pole Vault W – Final	
	18.10			Pole Vault M
	18.15		Discus Throw W - Final	
	18.20		Long Jump M – Final	10000m W
	18.30	400m H W – Final		
	18.35			Javelin Throw W
	18.45	400m H M – Final		
	18.55	1500m W – Final		
	19.05			Hammer Throw W
	19.15	110m H M – Final		
	19.20			400m H W
	19.30			400m H M
	19.40	400m W – Final		
	19.45		Discus Throw M - Final	
	19.50	400m M – Final	Long Jump W – Final	
	20.00			1500m W
	20.05	3000m ST M – Final		
	20.20			110m H M
	20.30	200m W – Heats		
	20.40			Discus Throw W
	20.50	200m M – Heats		
	21.00			Long Jump M

5. SPORT DISCIPLINES

Competition Programme:

(subject to modification)



DATE	TIME	RACES	FIELD EVENTS	AWARDS CEREMONY
06/06/09	16.30			Pole Vault W
	16.40			400m M
	16.45		Shot Put M	
	16.50	100m H – Final		
	17.00		Triple Jump M – Final	400m W
	17.10			3000m St M
	17.15	200m W – Final	High Jump M – Final	
	17.20			Long Jump M
	17.25	200m M – Final		
	17.40	1500m M – Final		
	17.50	10000m M – Final		
	18.00			100Mh W
	18.10			200m M
	18.25			200m W
	18.30		Shot Put M – Final	
	18.35	5000m W – Final		
	18.40			Shot Put M
	18.55			Triple Jump M
	19.05	4X100m W – Final		
	19.15	4X400m M – Final		
	19.25			1500m M
	19.35	4X400m W – Final		
	19.45	4X400m M – Final		
	19.55			High Jump M 10000m M Shot Put W 4X100M W 4X100M M 4X400M W 4X400M M

5. SPORT DISCIPLINES

Training Programme:

(subject to modification)



Date	Timetable	Event	M/W
01/06/09	09.00 – 11.30	Training	M/W
	17.00 – 19.30	Training	M/W

Date	Timetable	Event	M/W
02/06/09	8.30 - 11.30	Training	M/W

Date	Timetable	Event	M/W
03/06/09	09.00 – 11.30	Training	M/W
	17.00 – 19.30	Training	M/W

Date	Timetable	Event	M/W
04/06/09	8.30 - 11.30	Training	M/W

Date	Timetable	Event	M/W
05/06/09	09.00 – 11.30	Training	M/W
	17.00 – 19.30	Training	M/W

Date	Timetable	Event	M/W
06/06/09	8.30 - 11.30	Training	M/W

5. SPORT DISCIPLINES

BASKETBALL:

Organizing Committee:

Cyprus Basketball Federation

Phone: +357 22449830

Fax: +357 22449835



Evangelos Acheriotis
Marios Theodoulou
Klearchos Charalampous

Sport/Technical Director:

Neophytos Neophytides

Phone: +357 22449830

Basketball Competition:

The basketball competition will be concluded over 5 days starting on Tuesday 2nd June and concluding on Saturday 6th June 2009. All basketball events will take place in the "ELEFThERIA" Indoor Hall located within the Makarios Athletic Centre.

Both Competitions (Male and Female) will be played in accordance with the rules and regulations of FIBA, unless there are other specific modifications stipulated in the GSSE technical rules and regulations.

Participation in basketball competition:

Both Men and women tournaments will take place.

Each country may register a maximum of 12 (twelve) players.

Final Entries by number must reach the Organizing Committee by the 1st of April 2009 at the latest.

Entries by name ("Long list") must reach the Organizing Committee by the 1st of April 2009 at the latest.

Entries by Name of all foreign athletes must reach the Organizing Committee by the 1st of April 2009 at the latest. No further registrations for foreign athletes, even as a substitute, will be accepted after this day.

Final Entries by name must reach the Organising Committee by the 24th of May 2009 at the latest.

Tournaments:

The Men Teams will be placed according to their results in the Games of Monaco 2007. The first two (2) teams of each group will compete in the finals.

If six (6) or less teams are competing the single round robin system will be applied.

If seven (7) teams are competing:

The Countries will be divided into two groups. The two groups (A and B) will be formed and the round-robin system will be applied.

The first two teams (2) of each group will compete in the finals. The winning team of Group A will meet the second placed of Group B, and the winner of Group B will meet the second placed of Group A.

The third of each group will compete for the 5th and 6th place and the 4th of group A will be placed seventh.

5. SPORT DISCIPLINES

If eight (8) teams enter the competition:

Two groups will be formed (A and B), in which the round-robin system will be applied.

- Winner of Group 1 meets the runner up of Group 2.
- Winner of Group 2 meets the runner up of Group 1.
- The winners of those Semi-Finals will play for the first and second place.
- Losers of the Semi-Finals will play for the third and fourth place.
- The third placed teams of each group will play for the fifth and sixth place.
- The fourth placed teams in each group will play for the seventh and eighth place.



The above mentioned plan also applies to women's competition.

Points:

- Two (2) points will be awarded to the winner.
- One (1) point will be awarded to the loser.
- Zero (0) points to the team that forfeits the match.

Competitors Uniforms:

All participants must wear the uniform of their country, which must comply with the FIBA rules and the GSSE Statutes and regulations.

Each player must have at least two pairs of shorts in different colours in accordance with FIBA regulations.

Competition Implements:

Men's Ball: Molten BGL7

Women's Ball: Molten BGL6

Judges and Referees:

Judges and referees can be:

- International judges and referees recognized by the relevant International or European Federation, entered by name at least three (3) months before the beginning of the Games. These referees are accompanying participating countries at their own expenses.
- International judges and referees named by the Organising Committee.

All International judges and referees will be integrated in one pool under the responsibility of the Sport Technical Commission.

The International referees must make certain that the interests of the two teams on the court are in no way encroached upon.

Technical Meeting:

A Technical Meeting will be held on Monday the 1st June of 2009 at the Headquarters of the Organization.

The meeting will be presided over by the Basketball Technical Committee chaired by the FIBA Technical Delegate.

5. SPORT DISCIPLINES

Protests:

Disputes shall be resolved in accordance with FIBA regulations, with provisions laid out in the GSSE Statute and Technical Regulations. All protests must be notified in writing in English or in French and be submitted to the technical delegate of the FIBA within a maximum of thirty (30) minutes from the moment the results of each event have been officially announced.



Each protest must be accompanied by a €100 fee.

If the protest is upheld, the fee will be returned to the delegation. If not, it will be kept by the Organizing Committee.

Statistics:

The organizing committee will provide statistics for every single game in both categories (men, women).

Presentation of Medals:

In accordance with the GSSE regulations, the following prizes will be awarded:

- Gold Medal to the athletes of the team ranking first.
- Silver Medal to the athletes of the team ranking second.
- Bronze Medal to the athletes of the team ranking third.

Medical:

A doctor will be present at the venue during the competition.

In case of emergency, a Service Ambulance will be provided upon request to the Organisation.

Training Venues:

The following two venues will be used for training purposes.

Name: “Evangelos Florakis” Multipurpose Hall.

Name: Agios Dometios Indoor Hall.

5. SPORT DISCIPLINES

Cycling:

Organising Committee:

Cyprus Cycling Federation:

Phone: +357 22 449870

Fax: +357 22 449871



Nakis Michaelides
Michalis Hadjioannou
Savvas Anastasiou

President

Sport/Technical Director:

Evangelos Diamantides

Phone: +357 99 510095

Cycling Competition:

The Cycling competition will only be performed by the discipline of Mountain Bike and will be held on Thursday, the 4th of June 2009. The event will take place at Macheras Mountains, 30km south of Nicosia.

The competition will take place under the current UCI MTB regulations, unless there are any other specific modifications stipulated in the GSSE technical rules and regulations.

Participation:

Mountain Bike (MTB) competition is performed by men and women.

Each country may enter the competition with five (5) athletes men and (5) athletes women, but only four (4) competitors for each gender will be admitted with exemption of the Organizer country who is allowed to enter eight (8) athletes, but only six (6) competitors will be admitted for each gender. The athletes to be scored have to be named by the Organizer before the race.

Final entries by number must reach the Organizing Committee by the 1st of April 2009 at the latest.

Entries by name ("Long list") along with their UCI codes must reach the Organizing Committee by the 1st of April 2009 at the latest.

Entries by name of all foreign athletes along with their UCI codes must reach the Organizing Committee by the 1st April of 2009 at the latest. No further registrations for foreign athletes, even as a substitute, will be accepted after that date.

Final entries by name must reach the Organising Committee by the 24th of May 2009 at the latest.

Competitions will only take place if on the date of receipt of final entries by number and entries by name, the 1st of April 2009, at least ten (10) athletes from three (3) countries have been entered.

Mountain Bike Competition (MTB):

The venue for the mountain bike event is at "Mantra", a forest park. It is situated 30km south of Nicosia at Macheras Mountains at an altitude of 650m from the sea level. The area is surrounded with rich forest vegetation giving thick and cool shadow during the summer season.

The MTB race will take place on Thursday, the 4th of June 2009 at 16:00. In the case of more than 15 women riders taking part at the Women Final, a separate race for women will take place at the same day at 10:00.

5. SPORT DISCIPLINES

The individual participation by name must be confirmed from 10:00 'till 12:00 on Wednesday the 3rd of June with national federation licenses and equipment. At the same time, team managers have to present the list of their 4 riders taking place on the start grid, 6 for the Organizing country, for Men and Women final.



Riders must be ready for the start thirty (30) minutes before the race for the undersigning of the start sheet.

Race numbers allotment:

The numbers will be allotted at the venue race office from 10:00 Monday, the 1st of June until 17:00 Tuesday, the 2nd of June.

The race numbers will include one (1) bike plate and two (2) jersey numbers.

The numbers will be handed out only by the presentation of the UCI license.

The race numbers will be given to the riders according to their current position at the UCI ranking. The rider with the highest at the time position at the UCI ranking will receive the number 1.

The race numbers must not be cut or mutilated without prior authorization of the PCP.

Competitor Uniform:

Riders should wear the team Jersey of their country which must comply with the UCI rules and GSSE Statute and regulations. Team Managers must submit for approval a sample of their team jersey at the race office before the 17:00 Monday, the 2nd of June 2009.

Check of the equipment:

The equipments and bicycles will be checked twenty (20) minutes before the start. Only material according to the UCI regulations is allowed.

Judges and Referees:

Judges can be:

- International judges recognized by the relevant International or European Federation, entered by name at least three (3) months before the beginning of the Games. These referees are accompanying participating countries at their own expenses.
- International judges named by the Organising Committee.

All International judges will be integrated in one pool under the responsibility of the Sport Technical Commission.

Technical Meeting:

A Technical Meeting will be held on Wednesday the 3rd of June 2009. Place and time TBD.

The meeting will be presided over by the Cycling Technical Committee chaired by the UCI Technical Delegate.

5. SPORT DISCIPLINES

Protests:

Disputes shall be resolved in accordance with UCI regulations, with provisions laid out in the GSSE Statute and Technical Regulations. All protests must be notified in writing in English or in French and be submitted to the technical delegate of the UCI within a maximum of thirty (30) minutes from the moment the results of each event have been officially announced.



Each protest must be accompanied by a €100 fee.

If the protest is upheld, the fee will be returned to the delegation. If not, it will be kept by the Organizing Committee.

Facilities:

The venue is equipped with toilets for each gender, water and benches. For the event purposes the Organizing Committee will provide dressing rooms, one (1) per gender at the following Areas:

- Start/Finish Area
- Technical Assistance Areas
- Call up area
- Warm up area
- Shimano tent
- 1st Aid Base
- Race Office
- VIP lounge
- Press desk
- Podium

Technical Assistance Areas:

There will be Technical Assistance (TA) Area. Neutral Technical Support will be provided by the Organizing Committee during the official training sessions and warm up before the race at the Shimano Tent.

The athletes are allowed to receive beverages during the whole race in a designated area.

General MTB Program:

31/5/08	Sunday	NF test event
1/6/08	Monday	Unofficial training
2/6/08	Tuesday	Unofficial training Course final inspection Official training Participation list from team managers National Team Jersey approval
3/6/08	Wednesday	Official training Team managers meeting Confirmation of participations
4/6/08	Thursday	Men final Women final Award ceremonies

Training:

The course will be marked for orientation purposes from the 29th of May 2009.

No training will be allowed to riders without helmet and the bike plate (number).

5. SPORT DISCIPLINES

Riders should start their training sessions from the Start/Finish area only and after reporting their presence to the race official at the start line.

Also, the team managers must inform the race official at the start line before departing the venue.

During unofficial training the course will be manned by emergency staff including 1st Aid personnel.

Neutral Technical Support will be provided by the Organizing Committee during the Official Training sessions only.

Medical:

A doctor with an ambulance will be present at the venue during the training and competition.

Presentation of Medals:

Medals will be awarded thirty (30) minutes after the arrival of the first racer of each gender, in compliance with GSSE rules.

The following medals will be awarded on the competition venue to each gender event:

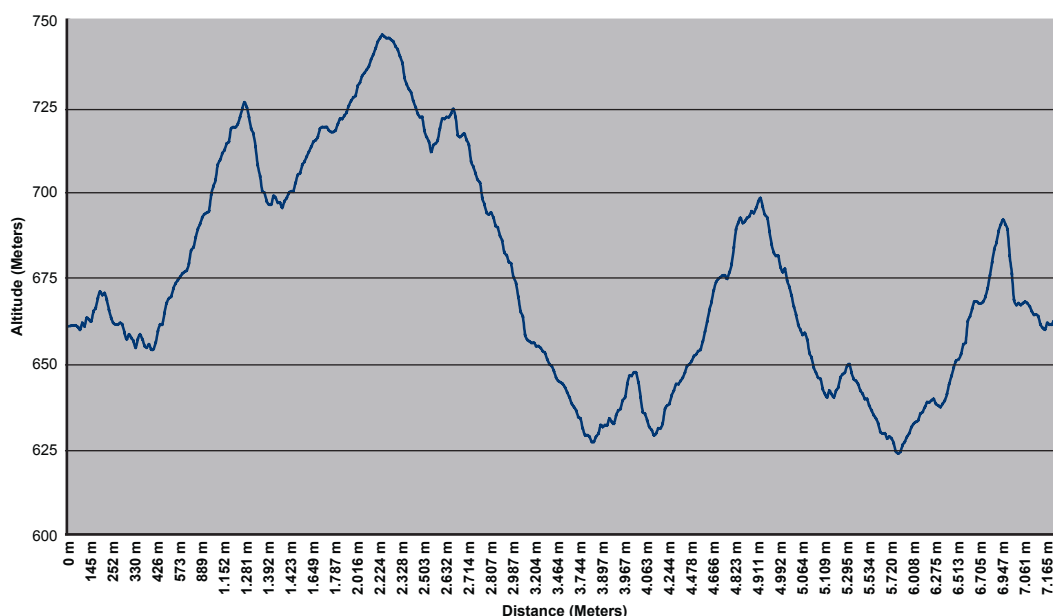
1. A Gold Medal for athletes ranking first (1st) in each event.
2. A Silver Medal for athletes ranking second (2nd) in each event.
3. A Bronze Medal for athletes ranking third (3rd) in each events.

Technical data:

The course is 7,2km with 245m of height gain per lap. It consists of 5km of forest road and wide paths, 1,5km of single track and 0,7km of technical obstacles.

Race profile:

GSSE 2009 MTB COURSE



5. SPORT DISCIPLINES

GYMNASTICS

Cyprus Gymnastics Federation

Phone: + 357 22 449846

Fax: + 357 22 449847



ARTISTIC GYMNASTICS

Organising Committee

Michalis Kylilis
Paraskevi Andreou
Andreas Kousios

Sport/Technical Director

Erricos Andronikou - Men Gymnastics
Stalo Thrasyvoulou - Women Gymnastics

Artistic Gymnastics Competition:

Artistic Gymnastics events will take place on Tuesday 2nd June and Wednesday 3rd June 2009, at “Palais de Sport”, in Limassol.

Competitions will take place in accordance with the International Gymnastics Federation (FIG) rules, unless there are any other specific modifications stipulated in the GSSE technical rules and regulations.

Participation in Artistic Gymnastics competition:

Artistic Gymnastics competitions are open to men and women. No age limit.

Each country may enter a maximum of ten (10) gymnasts, five (5) men and five (5) women.

Final Entries by number must reach the Organizing Committee by 1st April 2009 at the latest.

Entries by name (“Long list”) must reach the Organizing Committee by 1st April 2009 at the latest.

Entries by Name of all foreign athletes must reach the Organizing Committee by 1st April 2009 at the latest. No further registrations for foreign athletes, even as a substitute, will be accepted after this day.

Final Entries by name must reach the Organizing Committee by 24th May 2009 at the latest.

Events:

Team Competition (Competition I)
Individual All Around Finals (Competition I)
Individual Apparatus Final (Competition III)

5. SPORT DISCIPLINES

Team and Individual All-Around Events (Competition I):

All artistic gymnasts are required to compete in the Team Competition.

Three (3) to five (5) athletes from the same NOC constitute a team.

In teams where five gymnasts make up the team, only four compete on each apparatus to arrive at the team total.

The Men's and Women's competitions are treated separately.

The draw for order of competition will be based on rank in previous GSSE. The others will be selected by drawing lots. Individual gymnasts will compete in groups.

Apparatus Finals (Competition III):

Qualification for the individual events is based on each athlete's individual result from the Competition I. The eight highest ranked athletes on each apparatus will qualify for the Individual Apparatus Finals with a maximum of two athletes being from the same NOC.

Two gymnasts will be selected to act as reserves in case of default by any of the qualifiers.

A NOC may replace an injured athlete with another athlete from the same country only if the replacement athlete obtained a higher qualification score than the first named reserve.

Each apparatus final is treated as a separate competition with medals awarded for each apparatus final.

A random draw shall determine the working order.

Facilities and Equipment:

The Palais de Sport is a brand new building with an indoor hall designed to accommodate international events for several sports, including gymnastics. The Field of Play complies with the relevant rules of the FIG.

It is equipped with all supporting equipment, controlled lighting to 1800 lux (max), air-conditioning, changing rooms, toilets and showers, meeting conference and media rooms, telecommunication services, first aid, medical and doping control rooms etc. The competition area is separated from the spectators' area. The public capacity is 5400 spectators.

The set of apparatus to be used for the competitions will be in accordance with the FIG regulations and will be supplied by an approved FIG supplier.

Audio technical support:

Delegations must imperatively burn all music for their gymnasts' programmes on CD. No audio cassettes will be accepted.

The CD must be clearly labelled in accordance to the regulations with the following information:

- Federation (official country code)
- Name of Gymnast
- Title of the music (if any)
- The composer(s) (if any)
- Exact length of music



5. SPORT DISCIPLINES

For training the competitors must have their personal music CD (second copy).

Competitor Uniform:

All participants must wear the uniform of their country which must comply with the FIG rules and GSSE Statutes and regulations.

Judges and Referees:

Judges and referees can be:

- International judges and referees recognized by the relevant International or European Federation, entered by name at least three (3) months before the beginning of the Games. These referees are accompanying participating countries at their own expenses.
- International judges and referees named by the Organising Committee.

All International judges and referees are to be integrated in one pool under the responsibility of the Sport Technical Commission.

Technical Meeting:

A Technical Meeting will be held on Monday 1st June 2009 at the Venue, time TBD.

The meeting will be presided over by the Gymnastics Technical Committee chaired by the FIG Technical Delegate.

Judge Briefing:

On Monday 1st June 2009, the judges will meet immediately after the technical meeting. A draw of lots for selecting the judges for competition I will take place during this briefing by the Technical Committee.

On Wednesday 3rd June 2009, a draw of lots will take place to select the judges for Competition III.

Judges must attend all meetings that take place before each event.

Protests:

Disputes shall be resolved in accordance with FIG regulations, with provisions laid out in the GSSE Statute and Technical Regulations. All protests must be notified in writing in English or in French and be submitted to the technical delegate of the FIG within a maximum of thirty (30) minutes from the moment the results of each event have been officially announced.

Each protest must be accompanied by a fee of 100 Euro.

If the protest is upheld, the fee will be returned to the delegation. If not, it will be kept by the Organizing Committee.

Presentation of Medals:

Medals will be awarded at the venue as indicated in the programme and in compliance with GSSE rules.

Gold, Silver and Bronze medals will be awarded in all events



5. SPORT DISCIPLINES

Medical:

A doctor will be present at the venue during the competition.

In case of emergency, a Service Ambulance will be provided by the organisation upon request.

Competition Programme:

The Team and the Individual All-Around final competitions will take place on Tuesday 2nd June 2009.

On Wednesday 3rd June 2009 the final on each apparatus will take place.

Training Programme:

The Competition Venue will be used for training purposes.



5. SPORT DISCIPLINES

RHYTHMIC GYMNASTICS

Organising Committee

Ioulia Zaxhariou
Christakis Athanasiou

Sport/Technical Director

Eftychia Antoniadou



Rhythmic Gymnastics Competition:

Rhythmic Gymnastics events will take place on Friday the 5th of June and Saturday the 6th of June 2009, at "Palais de Sport", in Limassol.

Competitions will take place in accordance with the International Gymnastics Federation (FIG) rules, unless there are any other specific modifications stipulated in the GSSE technical rules and regulations.

Participation in Rhythmic Gymnastics competition:

Rhythmic Gymnastics competitions are open only to women. No age limit.

Each country may enter a maximum of three (3) women. The base code of points will be that used for the senior category.

Final entries by number must reach the Organizing Committee by the 1st of April 2009 at the latest.

Entries by name ("Long list") must reach the Organizing Committee by the 1st of April 2009 at the latest.

Entries by name of all foreign athletes must reach the Organizing Committee by the 1st of April 2009 at the latest. No further registrations for foreign athletes, even as a substitute, will be accepted after that date.

Final entries by name must reach the Organizing Committee by 24th May 2009 at the latest.

Events:

Team Competition (Competition I)
Individual All Around Finals (Competition I)
Individual Apparatus Final (Competition III)

Team and Individual All – Around Events (Competition I):

Individual events will only take place if on the date of receipt of final entries by number and entries by name, the 1st of April 2009, at least five (5) athletes from three (3) different countries have been entered.

Team events will take place, if on the date of receipt of final entries by number at least four teams have been registered.

The competition programme shall comprise exercises on 4 apparatus, rope, hoop, ball and ribbon, in one day.

5. SPORT DISCIPLINES

Two (2) to three (3) athletes from the same NOC constitute a team.
Each gymnast may perform 1 to 4 exercises.

Each Team must perform 2 exercises on each apparatus, by different gymnasts.

The 2 highest scores obtained for each apparatus, will be taken into account for the team's score and ranking.

The ranking for the All-Around will take into account the 3 highest scores obtained by a gymnast, provided she will perform on all 4 apparatus.

The draw for the order of the competition will be selected by drawing lots during the Technical Meeting.
Individual gymnasts will compete in groups.

Apparatus Finals (Competition III):

Qualification for the individual events is based on each athlete's individual result from the Competition I. The six highest ranked athletes on each apparatus will qualify for the Individual Apparatus Finals with a maximum of two athletes being from the same NOC.

Two gymnasts will be selected to act as reserves in case of default by any of the qualifiers.

A NOC may replace an injured athlete with another athlete from the same country, only if the replacement athlete obtained a higher qualification score than the first named reserve.

Each apparatus final is treated as a separate competition.
A random draw shall determine the working order.

Facilities and Equipment:

The Palais de Sport is a brand new building with an indoor hall designed to accommodate several international sports, including gymnastics. The Field of Play complies with the relevant rules of the FIG.

It is equipped with all supporting equipment, controlled lighting to 1800 lux (max), air-conditioning, changing rooms, toilets and showers, meeting conference and media rooms, telecommunication services, first aid, medical and doping control rooms etc. The competition area is separated from the spectators' area.
The public capacity is 5400 spectators.

The set of apparatus to be used for the competitions will be in accordance with the FIG regulations and will be supplied by an approved FIG supplier.

Audio technical support

Delegations must imperatively burn all music for their gymnasts' programmes on CD. No audio cassettes will be accepted.

The CD must be clearly labelled in accordance to the regulations with the following information:

- Federation (official country code)
- Name of Gymnast
- Title of the music (if any)
- The composer(s) (if any)
- Exact length of music



5. SPORT DISCIPLINES

For training the competitors must have their personal music CD (second copy).

Competitor Uniform:

All participants must wear the uniform of their country, which must comply with the FIG rules and GSSE Statutes and regulations.

Judges and Referees:

Judges and referees can be:

- International judges and referees recognized by the relevant International or European Federation, entered by name at least three (3) months before the beginning of the Games. These referees are accompanying participating countries at their own expenses.
- International judges and referees named by the Organising Committee.

All International judges and referees will be integrated in one pool under the responsibility of the Sport Technical Commission.

Technical Meeting:

A Technical Meeting will be held on Thursday the 4th of June 2009 at the Venue, time TBD.

The meeting will be presided over by the Rhythmic Gymnastics Technical Committee, chaired by the FIG Technical Delegate.

Judge Briefing:

On Wednesday the 4th of June 2009, the judges will meet immediately after the technical meeting. A draw of lots for selecting the judges for competition I will take place during this briefing by the Technical Committee.

On Friday the 5th of June 2009, a draw of lots will take place to select the judges for competition III.

Judges must attend all meetings that take place before each event.

Protests:

Disputes shall be resolved in accordance with FIG regulations, with provisions laid out in the GSSE Statute and Technical Regulations. All protests must be notified in writing in English or in French and be submitted to the technical delegate of the FIG within a maximum of thirty (30) minutes from the moment the results of each event have been officially announced.

Each protest must be accompanied by a €100 fee.

If the protest is upheld, the fee will be returned to the delegation. If not, it will be kept by the Organizing Committee.

Presentation of Medals:

Medals will be awarded at the venue as indicated in the programme and in compliance with GSSE rules. Gold, Silver and Bronze medals will be awarded in all events.



5. SPORT DISCIPLINES

Medical:

A doctor will be present at the venue during the competition.

In case of emergency, a Service Ambulance will be provided by the organisation upon request.



Competition Programme:

The Team and the Individual All-Around final Competitions will take place on Friday the 5th of June 2009.

On Saturday the 6th of June 2009 the final on each apparatus take place.

Day	Date	Time	Event
4	Thursday, 4 June	10:00-11:30 11:30-13:00 16:00-20:00	Orientation meeting Rhythmic Judges briefing Rhythmic Rhythmic Podium Training
5	Friday, 5 June	16:00-17:00 17:00-20:30 20:30	Warm-up RG RG Qualifying Team & All-Around Competition I Medal Ceremony-RG Team & All-Around Competitions
6	Saturday, 6 June	09:00-10:00 10:00-13:00	Warm-up RG Final Competition III – Rope Final Competition III – Ball Final Competition III – Clubs Final Competition III – Ribbon Medal Ceremony – RG Final Competitions

Some changes may be deemed necessary upon receipt of final entries. Any such changes will be communicated to the delegations upon arrival.

Training Programme:

The Competition Venue will be used for training purposes.

5. SPORT DISCIPLINES

JUDO:

Organizing Committee:

Cyprus Judo Taekwondo Federation:

Phone: +357 22 449851

Fax: +357 22449852

Phivos Christou

Stella Skouroumouni

Marios Mandrites

Sport/Technical Director:

Charalambos Makrides

President



Judo Competition:

The Judo competition will be held on Tuesday the 2nd of June and on Wednesday the 3rd of June 2009. The Team Tournament will take place on Friday the 5th of June 2009. All Judo events will take place at Lefkotheon Indoor Hall, in Nicosia.

Competitions will take place in accordance with the rules laid down by the International Judo Federation (IJF), unless there are any other specific modifications stipulated in the GSSE technical rules and regulations.

Participation in the Judo competition:

Each country may enter one (1) athlete per weight category. Athletes will be selected in accordance with the GSSE rules.

Final entries by number must reach the Organizing Committee by the 1st of April 2009 at the latest.

Entries by name ("Long list") must reach the Organizing Committee by the 1st of April 2009 at the latest.

Entries by name of all foreign athletes must reach the Organizing Committee by the 1st of April 2009 at the latest. No further registrations for foreign athletes, even as a substitute, will be accepted after that date.

Judo competitions will only take place if on the date of receipt of final entries by number and entries by name, the 1st of April 2009, at least three (3) athletes have been entered.

Judges and Referees:

The Referees must hold the minimum of an International Licence Category «B».

Referees can be:

- International referees recognized by the relevant International or European Federation, entered by name at least three (3) months before the beginning of the Games. These referees are accompanying participating countries at their own expenses.
- International referees named by the Organising Committee.

All International referees will be integrated in one pool under the responsibility of the Sport Technical Commission.

5. SPORT DISCIPLINES

Referees Briefing:

On Monday the 1st of June 2009, the Referees will meet immediately after the Technical Meeting at the Headquarters of the Organisation.

Technical Meeting:

A Technical Meeting will be held on Monday the 1st of June 2009 at the Headquarters of the Organization.

The meeting will be presided over by the Judo Technical Committee chaired by the IJF Technical Delegate.

Protests:

Disputes shall be resolved in accordance with IJF regulations, with provisions laid out in the GSSE Statute and Technical Regulations. All protests must be notified in writing in English or in French and be submitted to the technical delegate of the IJF within a maximum of thirty (30) minutes from the moment the results of each event have been officially announced.

Each protest must be accompanied by a €100 fee.

If the protest is upheld, the fee will be returned to the delegation. If not, it will be kept by the Organizing Committee.

Medical:

A doctor will be present at the venue during the competition.

In case of emergency, a Service Ambulance will be provided upon request to the Organisation.

Weight Categories:

INDIVIDUAL TOURNAMENT

MEN	WOMEN
- 60 kg	- 48 kg
- 66 kg	- 52 kg
- 73 kg	- 57 kg
- 81 kg	- 63 kg
- 90 kg	- 70 kg
- 100 kg	

TEAM TOURNAMENT

MEN	WOMEN
- 66 kg	- 52 kg
- 81 kg	- 63 kg
- 100 kg	- 70 kg



5. SPORT DISCIPLINES

Facilities:

Capacity : 1500 persons
Tatami : 2 (two)
Training zone : same
Changing room : 3 (three)



Contests:

Three (3) Referees of different nationalities than that of the competitors will be appointed for each contest.

Competitions will take place using Pool (3, 4, 5 or 6 competitors or teams) and Knockout (7 or 8 competitors or teams) Systems.

The Responsibility of the Federations:

Medical Certificate

A certificate of type or form is not required for Judo competitors. Competitors will take part in the events under the total responsibility of the National Olympic Committees.

Competitor Behaviour

Member Federations are responsible for the general behaviour of their competitors.

Administration

Accreditation must be shown at the official weigh-in and before each contest.

Withdrawal due to Injury:

If the injury is not the responsibility of one of the competitors, the injured competitor loses the contest.

If the injury is the responsibility of one of the non-injured competitor, the injured competitor is declared winner. The competitor responsible for the injury will no longer be able to take part in the competition.

Should a competitor withdraw from a contest, he will not be able to enter any other contest.

A contestant who loses a contest, due to injury, may continue the competition if in agreement with the Coach and Medical Staff.

Jury:

The jury is not a jury of appeal.

In the event of problems, Referees may consult the jury.

Under no circumstances may competitors or representatives of their delegation consult the jury.
No protest against a Referee's decision will be accepted.

5. SPORT DISCIPLINES

Judogi Inspection:

Inspection of the judogi will be carried out by the national Referees of the organising country in accordance with the following rules:

The day before the competition: inspection regarding the conformity of body numbers, advertising and markings.

Prior to contests: control of dimensions, conformity and equipment of competitors.

Body Numbers:

Body numbers featuring country codes will be furnished by the Organising Committee.

They will be handed out at the meeting of Chef de Mission on April 2009 in Nicosia (Cyprus).

Judo Suits (Judogi):

Competitors will wear either a blue or white judogi.

Back identifications should be attached to the judogi by the competitors themselves.

During Judogi Control, should any judogi be rejected, then the athlete must compete with a replacement judogi that conforms to the competition rules.

Judogis will be checked prior to each competition and prior to each match.

Weigh-in:

Competitors will be weighed on the actual day of the competition.

Athletes must report to the weigh-in with their accreditation card.

An unofficial weigh-in will take place between 08.00 and 09.00 a.m.

The official weigh-in will take place between 09.00 and 09.30 a.m. at the designated area that will be announced upon arrival.

The weight of competitors must comply with the category in which they are registered. They will only be able to report once to the official weigh-in.

Should any athlete arrive late for the official weigh-in, they will not be able to take part in the competition.

Individual Tournament:

The Individual Tournament (Events) will take place on Tuesday 2nd and Wednesday 3rd June 2009.

In the event of 3, 4, 5 or 6 competitors, the athletes will compete in a "Pool" or "Round-Robin" System. For 3, 4 or 5 competitors, each athlete will compete against each other. For 6 competitors, there will be two pools of three athletes with the two pool winners competing for the Gold and Silver Medals.

In the event of 7 or 8 competitors, the athletes will compete in a "knock-out" system with a single cross-over repechage system to determine the Bronze Medal positions.



5. SPORT DISCIPLINES

For each weight category there will be one (1) Gold Medal, one (1) Silver Medal and one (1) or two (2) Bronze Medals (one Bronze Medal for a category with three athletes and two (2) Bronze medals for categories with four or more athletes).

Competitors without a single win will **NOT** be eligible to receive a medal and will **NOT** be called at the Awards Ceremony.



Contest Duration:

The contest duration will be five (5) minutes for both **men** and **women**.

Draw:

The draw will take place after the Technical Meeting that will be held on Monday June 1st 2009 (Nicosia). The two (2) finalists from the previous Games will be seeded competitors.

Individual Contest Rules:

In the event of a no score or draw at the end of the contest, the Golden Score rule will apply.

Team Tournament:

The Team Tournament (Event) will take place on Friday the 5th of June 2009.

Team Entries:

Each Federation member will be able to put forward one (1) Womens team and one (1) Mens team.

The team will comprise of three (3) judokas from the different weight categories. The team may also provide three (3) substitutes, one for each weight category.

In order to be represented, a team must comprise of at least two (2) competitors able to participate in 2 different weight categories, as stipulated in the IJF rules.

In the event of 3, 4, 5 or 6 teams, the teams will compete in a "Pool" or "Round-Robin" System. For 3, 4 or 5 teams, each team will compete against each other. For 6 teams, there will be two pools of three teams with the two pool winners competing for the Gold and Silver Medals.

In the event of 7 or 8 teams, the teams will compete in a "**knock-out**" system with a single cross-over repechage system to determine the Bronze Medal positions.

There will be one (1) Gold Medal, one (1) Silver Medal and one (1) or two (2) Bronze Medals (one Bronze Medal for a category with three teams and two (2) Bronze medals for categories with four or more teams).

Teams without a single win will **NOT** be eligible to receive a medal and will **NOT** be called at the Awards Ceremony.

Contest Duration:

The contest duration will be five (5) minutes for both men and women.

Draw:

The draw will take place after the Technical Meeting that will be held on Monday June 1st 2009 (Nicosia).

The two (2) finalists of the previous Games will be seeded teams.

5. SPORT DISCIPLINES

Team Contest Rules:

If at the end of the contest, there is no difference of at least 1 Koka between the two competitors, the Referee will call it a draw (Hikawake = 0 point).

The winning team will be designated according to the number of contests it has won.

If an equal number of contests have been won, the result will be determined by the total number of points scored (both wins and losses).

Should the number of wins and points be the same, the contests that have been declared as a draw will be replayed with a compulsory decision made each time, as if it was an individual competition (Golden Score to apply).

Scoring System:

The following scoring system will apply for all competitions :

10 points	7 points	5 points	3 points	1 point
Ippon	Waza-Ari	Yuko	Koka	Yusei gachi
Sogo gachi	Shido-3	Shido-2	Shido-1	
Fusen gachi				
Kiken gachi				
Hansoku Make				

Presentation of Medals:

Medals will be awarded as indicated in the programme and in accordance with the GSSE rules and regulations.

The following medals will be awarded in the Lefkotheon Indoor Hall on :

- Tuesday 2nd June 2009 at 19.00 for individual competitions women and men;
- Wednesday June 3rd at 19.00 for individual competitions women and men;
- Friday June 5th at 19.00 for team competitions women and men.

Medals will be awarded as directed in the Individual Tournament and Team Tournament sections detailed earlier.

Training Programme:

(Subject to modification)

Should teams wish to train upon the day of their arrival, certain one hour slots can be reserved **between 15.00 and 18.00**.

In order to take advantage of these slots, delegations should make a reservation with the Organising Committee **prior to the 14th of May 2009**.

Training slots will be allocated according to the order of the team's arrival (time and location).



5. SPORT DISCIPLINES



Date	Timetable	Countries	Sport Hall
29/05/09	15.00 – 16.00 16.00 – 17.00 17.00 – 18.00		Eleftheria
30/05/09	09.00 – 10.00 10.00 – 11.00 11.00 – 12.00 12.00 – 13.00	ANDORRA/LUXEMBOURG CYPRUS/MALTA ICELAND/MONACO LIECHTENSTEIN/SAN MARINO	Eleftheria
31/05/09	09.00 – 10.00 10.00 – 11.00 11.00 – 12.00 12.00 – 13.00	MALTA/CYPRUS ANDORRA/LIECHTENSTEIN SAN MARINO/ICELAND LUXEMBOURG/MONACO	Eleftheria
01/06/09	09.00 – 10.00 10.00 – 11.00 11.00 – 12.00 12.00 – 13.00	LUXEMBOURG/ICELAND MALTA/LIECHTENSTEIN MONACO/ANDORRA SAN MARINO/CYPRUS	Eleftheria
04/06/09	09.00 – 10.00 10.00 – 11.00 11.00 – 12.00 12.00 – 13.00	ICELAND/MONACO LIECHTENSTEIN/SAN MARINO ANDORRA/LUXEMBOURG CYPRUS/MALTA	Eleftheria

Competition Programme: (Subject to modification)

Individual Tournament

Date	Time	Round	Men	Women
02/06/09	13.00 – 16.00	Qualifying Rounds	- 60 kg - 66 kg - 73 kg	- 48 kg - 52 kg - 57 kg
02/06/09	16.00 – 18.30	Finals	- 60 kg - 66 kg - 73 kg	- 48 kg - 52 kg - 57 kg
03/06/09	13.00 – 16.00	Qualifying Rounds	- 81 kg - 90 kg - 100 kg	- 63 kg - 70 kg
03/06/09	16.00 – 18.30	Finals	- 81 kg - 90 kg - 100 kg	- 63 kg - 70 kg

5. SPORT DISCIPLINES



Team Tournament

Date	Time	Round	Men	Women
05/06/09	13.00 – 16.00	Qualifying Rounds	- 66 kg - 81 kg - 100 kg	- 52 kg - 63 kg - 70 kg
05/06/09	16.00 – 18.30	Finals	- 66 kg - 81 kg - 100 kg	- 52 kg - 63 kg - 70 kg

5. SPORT DISCIPLINES

SAILING:

Organizing Committee:

Cyprus Sailing Federation:

Phone: +357 25 320559

Fax: +357 25 328953



Panayiotis Kontides
Elias Sarris
Elena Papazoglou

President

Sport/Technical Director:

Totos Theodosiou

Sailing Competition:

The sailing competitions will be held from Tuesday 2nd June to Friday 5th June 2009. All Sailing events will take place at the Limassol Sailing Centre, and sailed on Limassol Bay.

Competitions will take place in accordance with the International Sailing Federation (ISAF) rules, unless there are any other specific modifications stipulated in the GSSE technical rules and regulations.

Participation in the Sailing competition:

Each country may enter a maximum of three boats in each event except for the organizing country which may enter six (6) boats.

Final entries by number must reach the Organizing Committee by the 1st of April 2009 at the latest.

Entries by name ("Long list") must reach the Organizing Committee by the 1st of April 2009 at the latest.

Entries by name of all foreign athletes must reach the Organizing Committee by the 1st of April 2009 at the latest. No further registrations for foreign athletes, even as a substitute, will be accepted after this day.

Final Entries by name must reach the Organising Committee by the 24th of May 2009 at the latest.

Competitions will take place only if on the date of receipt of final entries by number and entries by name, the 1st of April 2009, at least at least six (6) athletes from three (3) different countries have been entered. In case of insufficient participation, an open competition will be held for both sexes together.

Each competitor shall either personally or his/her coach register and sign the registration form at the Race Office between 9.00 – 14.00 on the 1st of June 2009.

Events:

The Classes to compete are as follows:

- RS:X - MEN and WOMEN
- LASER - MEN / LASER RADIAL – WOMEN
- OPTIMIST – BOYS and GIRLS

5. SPORT DISCIPLINES

Schedule of Races:

Date	Time	Action
Monday, June 1st	9.00 – 14.00	Registration
	14.00 – 15.00	Stamp of equipment
	15.00	Draw lost of boats and distribution of the equipment
Tuesday, June 2nd	9.00	Team Leader's Meeting
	12.00	Races
Wednesday, June 3rd	12.00	Races
Thursday, June 4th	12.00	Races
Friday, June 5th	12.00	Races
Saturday, June 6th	10.00	Reserve Day
	15.00 – 16.30	Return of equipment



On the last day of the regatta no warning signal will be made after 14.00.

Measurement:

Each competitor shall ensure that his/her equipment complies with the current Class Rules.

Measurement and equipment checks may be made throughout the event. A boat that has been notified for inspection must follow the instructions given by the Official Measurer and /or Race Committee.

Competitors and their equipment shall be on site by 14.00 on the 1st of June 2009, so that the Official Measurer will stamp their equipment.

Sailing Instructions:

The Sailing Instructions will be available as from the 1st of June 9.00 at the Registration desk.

Racing Format and Courses:

Courses will be, as far as possible, of the same configuration as those proposed for the Olympic Regattas. Races will be planned to be of similar duration.

Penalty System:

A boat that has taken a penalty or retired under rule 31.2 (Touching a mark), 44.1. (Taking a penalty) or 44.2. (Two-turns penalty) shall complete an acknowledgment form at the Jury Office within the protest time limit.

Scoring:

The Low-Point Scoring System (RRS Appendix A) will apply.

Nine races are scheduled of which at least three (3) shall have been completed to constitute a series. The Race Committee reserves the right to sail three (3) races per day.

5. SPORT DISCIPLINES

When fewer than 4 races have been completed, a boat's series score will be the total of her race scores.

When from 6 to 9 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

The races will be numbered in their sailed order.

Judges and Referees:

Judges and referees can be:

- International judges and referees recognized by the relevant International or European Federation, entered by name at least three (3) months before the beginning of the Games. These referees are accompanying participating countries at their own expenses.
- International judges and referees named by the Organising Committee.

All International judges and referees will be integrated in one pool under the responsibility of the Sport Technical Commission.

Technical Meeting:

A Technical Meeting will be held on Monday the 1st of June 2009 at the Limassol Sailing Centre.

The meeting will be presided over by the Sailing Technical Committee chaired by the ISAF Technical Delegate.

Protests:

Disputes shall be resolved in accordance with ISAF regulations, with provisions laid out in the GSSE Statute and Technical Regulations. All protests must be notified in writing in English or in French and be submitted to the technical delegate of the IAAF within a maximum of thirty (30) minutes from the moment the results of each event have been officially announced.

Each protest must be accompanied by a €100 fee.

If the protest is upheld, the fee will be returned to the delegation. If not, it will be kept by the Organizing Committee.

Medical:

A doctor will be present at the venue during the competition.

In case of emergency, a Service Ambulance will be provided by the Organisation upon request.



5. SPORT DISCIPLINES

Presentation of Medals:

Medals will be awarded in compliance with GSSE rules.

The following medals will be awarded on the competition venue according to the competition programme timetable:

1. A Gold Medal for athletes ranking first (1st) in each individual event.
2. A Silver Medal for athletes ranking second (2nd) in each individual event.
3. A Bronze Medal for athletes ranking third (3rd) in each individual event.

Prize awarding ceremonies will take place after each event.

Liability:

Competitors will participate in the regatta entirely at their own risk.

The Organizing Authority and any other party involved in the organization of the races will accept no liability for any personal or material damage, injury or death. Sustained in conjunction with, prior to, during or after the regatta. The Organizing Authority disclaims any and all such liability.

Each crew shall submit to the Race Office valid third party liability insurance for the amount of €1.000.000.

Sail Numbers:

Boats shall use the approved Nationality Code Letters on their sails as required by RRS. In alteration of their Class Rules, the national letters on the sails shall apply for any class.

Allocation of Boats:

The Organizing Country will provide all Optimist and Laser Sailors hull, mast and boom only, which will be drawn by lots prior to the Championship. The athletes should bring with them all other equipment, like rudder, centre board, sail, tiller, robs, as well as their personal clothing and life jacket.

A damage deposit for each boat (Optimist and Laser) has to be paid. For the Optimist the cost is €300 and for the Lasers' €500. At the end of the Championship and upon returning the equipment, an inspection will be carried out and if the equipment has no damage the above mentioned amounts will be returned.

The RS:X Athletes should bring their own equipment.

Coach Boats:

Coach boats will be available for charter on a first come, first served basis. Please apply to the organisers for costs and availability. For this limited service you may contact the Organizing Committee before the 3rd of April 2009.

Boats' drivers shall provide the Organizing Authority with insurance and driving licence.

The Organizing Authority has the right to ask coaches, who are alone in their boat, to take another coach with them.



5. SPORT DISCIPLINES

SHOOTING:

Organizing Committee:

Cyprus Shooting Sport Federation:

Phone: +357 22 449820

Fax: +357 22449819

Demetris F. Lordos
Loucas Psimolophitis
Michalis Charalambous

President

Sport/Technical Director:

Petros Kyritsis

Phone: +357 22 449823

Shooting Competitions:

Shooting competitions will be held from Tuesday the 2nd of June to Friday the 5th of June 2009. All Shooting events will take place at Nicosia Olympic Shooting Range.

The Nicosia Olympic Shooting Range is located in the area of Latsia, on the outskirts of Nicosia, which is equipped with 4 separate Skeet, 4 separate Trap, Double Trap layouts and a 10m Air Gun Range with 18 firing positions.

All ranges comply with the ISSF technical specifications.

The Skeet and Trap layouts are equipped with NASTA machines from Finland and operated by phonopul systems from PROGETTI Italy. The Skeet layouts operate with a normal push button release system (not acoustic). The colour of the clay targets that will be used during the competition will be orange. Flash orange clay targets will be used for all the finals as per ISSF rules.

The 10m range operates with MANUAL target systems (not electronic). Air compressor is provided on the premises. Adequate changing rooms are available for all participants.

The Range is situated at a distance of 10km from Nicosia, the capital of Cyprus, 45km from Larnaca, and 80 km from Limassol.

Events / Categories:

- Trap (Men)
- Skeet (Men)
- Double Trap (Men)
- Air Pistol (Men & Women)
- Air Rifle (Men & Women)

Participation in shooting competitions:

Each country can enter a maximum of two (2) athletes for each individual event.

Final Entries by number must reach the Organizing Committee by the 1st of April 2009 at the latest.

Entries by name ("Long list") must reach the Organizing Committee by the 1st of April 2009 at the latest.

Entries by Name of all foreign athletes must reach the Organizing Committee by the 1st of April 2009 at the latest.



5. SPORT DISCIPLINES

No further registrations for foreign athletes, even as a substitute, will be accepted after that date.

Final Entries by name must reach the Organising Committee by the 24th of May 2009 at the latest.

Each competition will take place if on the date of receipt of final entries by number and entries by name, the 1st of April 2009, at least five (5) athletes from three (3) different countries have been entered.

If the number of competitors is less than five (5), as specified above, the competition will then be open to both Men and Women. In this case, each country may participate in each event with a maximum of two (2) competitors that can either be: two (2) Men or two (2) Women, or one (1) Man and One (1) Woman.

Rules and Regulations:

Competitions will take place in accordance with the International Shooting Sport Federation's (ISSF) rules, unless there are any other specific modifications stipulated in the GSSE technical rules and regulations.

Shotgun Trap & Skeet Men's events:	125 targets qualification + final (6 shooters)
Air Rifle / Air Pistol Men's events:	60 shots qualification + final (8 shooters)
Air Rifle / Air Pistol Women's events:	40 shots qualification + final (8 shooters)

In the event of a mixed gender competition, the qualification round for the Air Rifle and the Air Pistol event will consist of 60 shots plus final (8 shooters).

Judges and Referees:

Judges and referees can be:

- International judges and referees recognized by the relevant International or European Federation, entered by name at least three (3) months before the beginning of the Games. These referees are accompanying participating countries at their own expenses.
- International judges and referees named by the Organising Committee.

All International judges and referees will be integrated in one pool under the responsibility of the Sport Technical Commission.

Technical Meeting:

A Technical Meeting will be held on Monday the 1st of June 2009 at 10:00a.m. at the shooting venue.

The meeting will be presided over by the Shooting Technical Committee, chaired by the ISSF Technical Delegate.

Judges and Jury Meeting:

The Judges' & Jury Meeting will take place at the shooting venue on **Monday the 1st of June 2009**, immediately after the Technical Meeting.

Protests:

Disputes shall be resolved in accordance with ISSF regulations, with provisions laid out in the GSSE Statute and Technical Regulations. All protests must be notified in writing in English or in French and be submitted to



5. SPORT DISCIPLINES

the technical delegate of the ISSF within a maximum of thirty (30) minutes from the moment the results of each event have been officially announced.

Each protest must be accompanied by a €100 fee.

If the protest is upheld, the fee will be returned to the delegation.
If not, it will be kept by the Organizing Committee.

Medical:

A doctor will be present at the venue during the competition.

In case of emergency, a Service Ambulance will be provided by the Organisation upon request.

Presentation of Medals:

Medals will be awarded as indicated in the programme and in compliance with GSSE rules as follows:

1. A Gold Medal for athletes ranking first (1st) in each event.
2. A Silver Medal for athletes ranking second (2nd) in event.
3. A Bronze Medal for athletes ranking third (3rd) in each event.

Weapons and equipment control:

The weapons and equipment control will be conducted on the days of the pre-event training as per ISSF rules, as indicated in the program.

Weapons Importation and Custom Clearance:

All competitors must present to customs (Red Channel) upon arrival at Larnaca airport, **the completed individual weapon and ammunition form in triplicate**, in order to verify the serial numbers of their weapons and obtain a temporary firearm import permit. **One copy of the form must be sent to the Organizing Committee by fax or e-mail.**

Competitors who are members of the European Union, apart from the completed individual weapon form, must present to customs, their 'European Firearms Certificate', also, if any.

All delegations will be escorted through customs at the time of arrival.

The weapon permits or the 'European Firearms Certificates' must be represented to customs at the time of departure before check-in.

Storage of Guns and Ammunition:

Limited storage of guns and ammunition will be available at the range. The police authorities permit all visitors possessing a valid temporary import weapon permit or a 'European Firearms Certificate', to store freely their weapons and ammunition in their hotel rooms, during their stay in Cyprus.

Shotgun Cartridges – Air Gun Pellets:

The custom authorities will allow all participating shooters to import with them all the necessary 12G cartridges or air gun pellets that will be used for the competition. Local made and other well known 12G imported cartridges (VICTORY, RC, B&P, OLYMPIA, RIO) will be available for sale at the shooting range at approximately €5.80 - €6.50 per box of 25. Air gun pellets will be also available on sale at the Range, at the price of approximately €10.00 per box of 500 pcs.



5. SPORT DISCIPLINES



Preliminary Programme: (subject to changes)

Date	Time	Event	Details
Monday 01.06.2009	10:00 – 13:00	Air Rifle Women	Pre-event training and equipment control
	14:00 – 17:00	Air Rifle Men	Pre-event training and equipment control
	10:00 – 13:30 10:30 – 14:00	Skeet Men Trap Men	Pre-event training and equipment control
	10:00	Technical Meeting followed by Judge's Meeting	
Tuesday 02.06.2009	10:00 – 13:30	Skeet Men	Qualification 75
	10:30 – 14:00	Trap Men	Qualification 75
	10:00 – 11:15	Air Rifle Women	Qualification 40
	12:15	Air Rifle Women	FINAL
	14:00 – 15:45	Air Rifle Men	Qualification 60
	16:45	Air Rifle Men	FINAL
Wednesday 03.06.2009	10:00 – 13:00	Air Pistol Women	Pre-event training and equipment control
	14:00 – 17:00	Air Pistol Men	Pre-event training and equipment control
	10:00 – 12:00	Skeet Men	Qualification 50
	10:30 – 12:30	Trap Men	Qualification 50
	13:30	Skeet Men	FINAL
	14:30	Trap Men	FINAL
Thursday 04.06.2009	10:00 – 13:00	Double Trap Men	Pre-event training and equipment control
	10:00 – 11:15	Air Pistol Women	Qualification 40
	12:15	Air Pistol Women	FINAL
	14:00 – 15:45	Air Pistol Men	Qualification 60
	16:45	Air Pistol Men	FINAL
Friday 05.06.2009	10:00 – 13:00	Double Trap Men	Qualification 150
	14:00	Double Trap Men	FINAL

Note: The Range will be available for unofficial training prior to the competition dates

5. SPORT DISCIPLINES

SWIMMING:

Organizing Committee:

Cyprus Swimming Federation:

Phone: +357 22 449840

Fax: +357 22449842

Panikos Prokopiou
Alexandros Christoforou
Maria Loizidou

President

Sport/Technical Director:

Petros Aresti



Swimming Competition:

The swimming competition will be held on Tuesday the 2nd of June to Friday the 5th of June 2009. All swimming events will take place at Nicosia Olympic Swimming Centre.

Swimming competitions will take place in accordance with the International Swimming Federation (FINA) rules, unless there are any other specific modifications stipulated in the GSSE technical rules and regulations.

Participation in the athletics competition:

Each country can enter:

- Two (2) athletes for each individual event, and
- One (1) team for each relay event.

Final Entries by number must reach the Organizing Committee by the 1st of April 2009 at the latest.

Entries by name ("Long list") must reach the Organizing Committee by the 1st of April 2009 at the latest.

Entries by Name of all foreign athletes must reach the Organizing Committee by the 1st of April 2009 at the latest. No further registrations for foreign athletes, even as a substitute, will be accepted after that date.

Final Entries by name must reach the Organising Committee by the 24th of May 2009 at the latest.

Competitions in which two or more athletes per country may be entered, will only take place if on the date of receipt of final entries by number and entries by name, the 1st of April 2009, at least five (5) athletes from three (3) different countries have been entered.

Relay events will take place, if on the date of receipt of final entries by number, at least four teams have been registered.

Heats:

Should more than eight (8) entries be received for an event, the competition will take place in two (2) heats; swimmers will be allocated a racing lane according to the entry times.

Should a maximum of eight (8) swimmers have entered an event, a direct final will be set up. Racing lanes will be allocated according to entry times.

5. SPORT DISCIPLINES

Preliminary heats will be swum for each competition in which more than eight (8) competitors are entered.

Swimmers that obtain the eight (8) fastest times during the preliminary heats will qualify for the final.

The preliminary heats will be seeded on the basis of times indicated in the final registrations and according to the criteria fixed by the FINA international regulations SW 3.1.

For relay competitions the lanes will be seeded according to the times indicated in the final registrations.

The Women's 800m freestyle and 400m medley and Men's 1.500m freestyle and 400m medley will be swum as a direct final.

Warm-up:

Warm-up in the competition pool will be allowed up to fifteen (15) minutes before the beginning of the competitions.

Facilities and Equipment:

The Nicosia Olympic Swimming Centre has two pools:

- An Olympic size competition pool with 8 lanes measuring 50m x 21m x 2m.
- A warm-up pool: measuring 22m x 15m x 5m

Capacity: 1500 spectators
300 seats for swimmers, separated from the spectators

Facilities: Approved competition pool measuring 50m x 21m with 8 racing lanes. On the outer side of lanes 1 and 8 there are a side lanes of 50cm.
Uniform depth of 2m.
Electronic timing.
New illuminated scoreboard.

Material: The pools are filled with fresh water treated with chlorine and maintained at a temperature of 28 degrees Celsius.

Warm Up: The competition pool and a pool for warm up measuring 22m x 15m X 5m

Changing room: Team changing rooms for a maximum of 25 people.

Judges and Referees:

Judges can be:

- International judges and referees recognized by the relevant International or European Federation, entered by name at least three (3) months before the beginning of the Games. These referees are accompanying participating countries at their own expenses.
- International judges and referees named by the Organizing Committee.

All International judges and referees will be integrated in one pool under the responsibility of the Sport Technical Commission.



5. SPORT DISCIPLINES

Technical Meeting:

A Technical Meeting will be held on Monday the 1st of June 2009 at the Headquarters of the Organization.

The meeting will be presided over by the Swimming Technical Committee chaired by the FINA Technical Delegate.



Judges Briefing:

The briefing of the judges will take place on Monday June 1, 2009, immediately after the technical meeting.

Protests:

Disputes shall be resolved in accordance with FINA regulations, with provisions laid out in the GSSE Statute and Technical Regulations. All protests must be notified in writing in English or in French and be submitted to the technical delegate of the FINA, within a maximum of thirty (30) minutes from the moment the results of each event have been officially announced.

Each protest must be accompanied by a €100 fee.

If the protest is upheld, the fee will be returned to the delegation. If not, it will be kept by the Organizing Committee.

Medical:

A doctor will be present at the venue during the competition.

In case of emergency, a Service Ambulance will be provided by the Organisation upon request.

Presentation of Medals:

Medals will be awarded as indicated in the programme and in compliance with GSSE rules.

The following medals will be awarded on the competition venue, according to the competition programme timetable:

1. A Gold Medal for athletes ranking first (1st) in each individual and relay events.
2. A Silver Medal for athletes ranking second (2nd) in each individual and relay events.
3. A Bronze Medal for athletes ranking third (3rd) in each individual and relay events.

Prize awarding ceremonies will take place after each event. However, those concerning the last event(s) of the day can be deferred to the next day.

5. SPORT DISCIPLINES

Participating Countries:

COUNTRIES	MEN	WOMEN
Andorra	X	X
Cyprus	X	X
Iceland	X	X
Liechtenstein	X	X
Luxembourg	X	X
Malta	X	X
Monaco	X	X
San Marino	X	X



Swimming Events:

Men

50m freestyle
100m freestyle
200m freestyle
400m freestyle
1.500m freestyle

100m backstroke
200m backstroke

100m breaststroke
200m breaststroke

100m butterfly
200m butterfly

200m medley
400m medley

4x100m freestyle relay
4x 200m freestyle relay
4x100m medley relay

Women

50m freestyle
100m freestyle
200m freestyle
400m freestyle
800m freestyle

100m backstroke
200m backstroke

100m breaststroke
200m breaststroke

100m butterfly
200m butterfly

200m medley
400m medley

4x100m freestyle relay
4x200m freestyle relay
4x100m medley relay

5. SPORT DISCIPLINES

TABLE TENNIS:

Organizing Committee:

Cyprus Table Tennis Association:

Phone: +357 22 449857

Fax: +357 22 449859

Andreas Georgiou

Andreas Savva

Marios Papadopoulos

President

Sport/Technical Director:

Liza Constantinidou



Table Tennis Competition:

The table tennis competition will be held from Tuesday the 2nd of June to Saturday the 6th of June 2009. All table tennis events will take place at “Evangelos Florakis” Multipurpose Hall, in Nicosia.

Competitions will be organized in compliance with the International Table Tennis Federation (ITTF) rules, except for any specific modifications stipulated by the GSSE technical rules and regulations.

Participation in Table Tennis competition:

Each participating country can enter:

- one (1) team for the Men's team tournament and
- one (1) team for the Women's team tournament.
- a maximum of two athletes in Men's singles.
- a maximum of two athletes in Women's singles.
- two athletes in Men's doubles.
- two athletes in Women's doubles.

Each team can be composed of three players out of those who participate in the singles and doubles events.

Final entries by number must reach the Organizing Committee by the 1st of April 2009 at the latest.

Entries by name (“Long list”) must reach the Organizing Committee by the 1st of April 2009 at the latest.

Entries by Name of all foreign athletes must reach the Organizing Committee by the 1st of April 2009 at the latest. No further registrations for foreign athletes, even as a substitute, will be accepted after that date.

Final entries by name must reach the Organizing Committee by the 24th of May 2009 at the latest.

The Single Tournaments will only take place if on the date of receipt of final entries by number and entries by name, the 1st of April 2009, at least five (5) athletes from three (3) different countries have been entered.

The Doubles Tournaments will only take place if on the date of receipt of final entries by number and entries by name, the 1st of April 2009, at least four (4) pair of athletes have been entered.

5. SPORT DISCIPLINES

Tournaments:

Singles Tournament:

The program has been planned based on the maximum possible number of participants, namely 16 Men and 16 Women (2 athletes from each participating country). If twelve (12) or less athletes will participate the program will be adjusted accordingly.



If 16 athletes decide to participate, then there will four groups, A to D, of four (4) athletes in each group. In each group the Round Robin system will be applied.

The first two from each group will advance into the Quarter Finals.

The Quarter Finals will be in the following format:

- A1 against D2 → winner will be assigned the number E1
- A2 against D1 → winner will be assigned the number F1
- B1 against C2 → winner will be assigned the number G1
- B2 against C1 → winner will be assigned the number H1

In the Semi-Finals the winners of the Quarter Finals will play in the following format:

E1 against H1
F1 against G1

The winners of the semi-finals will play in the Final.
Players will be placed into groups, according to the ITTF ranking.

Players who have no ranking will be randomly selected, ensuring that no two players from the same country play in the same group.

All matches will be played in the best of five (5) games.

Doubles Tournament:

The program has been planned based on the maximum number of participants, namely eight (8) pairs for Men and eight (8) pairs for Women (one pair from each participating country).

If six (6) or less pairs of athletes will participate, the program will be adjusted accordingly.

If all countries participate (8 pairs of athletes) then there will be two groups, group A and B with four (4) pairs of athletes in each group. In each group the Round Robin system will be applied.

The first two pairs from each group will advance into the Semi-Finals.

The Semi-Finals will be played in the following format:

A1 against B2
A2 against B1

The winners of the semi-finals will play in the Final.
The pairs of players will be placed into groups according to the highest player ITTF ranking of each pair.
Pairs with players who have no ranking will be randomly selected.
All matches will be played in the best of five (5) games.

5. SPORT DISCIPLINES

Team Tournament:

The program has been planned based on the maximum number of teams registered, namely eight (8) teams for Men and eight (8) teams for Women (one team from each participating country). If six (6) or less teams will participate, then the program will be adjusted accordingly.



If all countries participate (8 teams) then there will be two groups, Group A of four (4) teams and group B of four (4) teams (total 8 teams). In each group the Round Robin system will be applied.

Each match in the team's tournament will be played in the following format.

Two singles matches, followed by a Doubles match, and then two additional singles matches in the following format:

- **A-X, B-Y, Doubles, A-Y, B-X**

Each Team is made up of the maximum of three players.

The team match is won when one of the participating teams achieves three wins.

The first two from each group will advance into the Semi-Finals.

The Semi-Finals will be played in the following format:

A1 against B2

A2 against B1

The winners of the semi-finals will play in the Final.

The teams will be placed into groups in a "serpentine" way according to classification of the previous games.

All matches will be played in the best of five (5) games

Classification:

For group matches, two points will be awarded for each win, one point for each lost game and no points (zero) for any team that break the rules.

If more than two (2) players or more than two (2) teams obtain the same number of points, the results of the matches between them will be the determinative factor.

In that case, the number of matches won or lost and, if necessary, the number of sets (games) won or lost, will be taken into account.

Draw:

Two players from the same country cannot be part of the same group.

5. SPORT DISCIPLINES

Dress and Sports equipment:

All participants must wear the uniform of their country which must comply with the ITTF rules and GSSE Statutes and regulations.

Back identifications with country code and number will be provided for each player.

All players should carry with them at least two sets of shirts and shorts in different colors.



Judges and Referees:

Judges and referees can be:

- International judges and referees recognized by the relevant International or European Federation, entered by name at least three (3) months before the beginning of the Games. These referees are accompanying participating countries at their own expenses.
- International judges and referees named by the Organising Committee.

All International judges and referees will be integrated in one pool under the responsibility of the Sport Technical Commission.

Technical Meeting:

A Technical Meeting will be held on Monday the 1st of June 2009 at the Headquarters of the Organization.

The meeting will be presided over by the Table Tennis Technical Committee, chaired by the ITTF Technical Delegate.

Referees Briefing:

The Referees briefing will take place on June 1st 2009, immediately after the Technical meeting.

Protests:

Disputes shall be resolved in accordance with ITTF regulations, with provisions laid out in the GSSE Statute and Technical Regulations. All protests must be notified in writing in English or in French and be submitted to the technical delegate of the ITTF within a maximum of thirty (30) minutes from the moment the results of each event have been officially announced.

Each protest must be accompanied by a €100 fee.

If the protest is upheld, the fee will be returned to the delegation. If not, it will be kept by the Organizing Committee.

Presentation of Medals:

In accordance with the GSSE regulations, the following prizes will be awarded for each event:

- Gold Medal to the athletes, of the singles, doubles and team ranking first.
- Silver Medal to the athletes, of the singles, doubles and team ranking second.
- Bronze Medal to the athletes, of the singles, doubles and team ranking third.

5. SPORT DISCIPLINES

Medical:

A doctor will be present at the venue during the competition.

In case of emergency, a Service Ambulance will be provided by the Organisation upon request.



Participating Countries:

COUNTRIES	MEN			WOMEN		
	Singles	Doubles	Team	Singles	Doubles	Team
ANDORRA						
CYPRUS	X	X	X	X	X	X
ICELAND						
LIECHTENSTEIN						
LUXEMBOURG						
MALTA						
MONACO						
SAN MARINO						

Events:

MEN	WOMEN
Singles	Singles
Doubles	Doubles
Team	Team

Facilities and Equipment:

The 'Evangelos Florakis' Multipurpose Hall will host all the Table Tennis competitions.

Four (4) tables will be placed in the Playing Hall.

Four (4) tables will be placed in the Warm up / Training Hall. Warm up / Training Hall will be located next to the Playing Hall.

Training Program (subject to change):

Should teams wish to train on the day of their arrival, certain slots can be arranged between 12:00am and 8:00pm.

In order to take advantage of this, delegations should make a reservation with the organizing committee **prior to the 11th of May 2009**.

Training slots will be allocated according to the order of the team's arrival time.

5. SPORT DISCIPLINES

Training on Arrival Date Sunday 31/05/2009:



Date	Time	Main Hall Tables 1-4	Training Hall Tables 5-8
Sunday 31/05/09	12:00 – 13:00		
	13:00 – 14:00		
	14:00 – 15:00		
	15:00 – 16:00		
	16:00 – 17:00		
	17:00 – 18:00		
	18:00 – 19:00		
	19:00 – 20:00		

Training on Monday 01/06/09:

Date	Time	Main Hall Tables 1-4	Training Hall Tables 5-8
Monday 01/06/09	09:00 – 10:00	Andorra	Liechtenstein
	10:00 – 11:00	Cyprus	Andorra
	11:00 – 12:00	San Marino	Cyprus
	12:00 – 13:00	Monaco	San Marino
	13:00 – 14:00	Malta	Monaco
	14:00 – 15:00	Iceland	Malta
	15:00 – 16:00	Luxembourg	Iceland
	16:00 – 17:00	Liechtenstein	Luxembourg
	17:00 – 18:00		

Other Days:

Date	Time	Training Hall Tables 5-8
Tuesday 02/06/09	07:30 – 21:00	First come, first served basis
Wednesday 03/06/09	07:30 – 21:00	First come, first served basis
Thursday 04/06/09	07:30 – 21:00	First come, first served basis
Friday 05/06/09	07:30 – 21:00	First come, first served basis
Saturday 06/06/09	07:30 – 21:00	First come, first served basis

5. SPORT DISCIPLINES

The other players will be selected by draw.

With reference to the Olympic and Paralympic Games ITF regulations, it shall be ensured that two players from the same country do not feature on the same half of the table. All matches will be played in best of three (3) tie-break sets.



Doubles Tournament:

The two double events will take place following the rules of direct elimination. The teams will be ranked based on the following criteria:

- 1) Two players featuring in the ATP-WTA doubles ranking.
- 2) One player featuring in the ATP-WTA doubles ranking.
- 3) Results from the GSSE in Monaco 2007.

All matches will be played in best of three (3) tie-break sets.

Dress and Sports equipment:

Clothing or equipment worn or used by athletes and other participants must comply with the ITF rules and GSSE Statutes and regulations.

Judges and Referees (Umpires):

Judges and referees can be:

- International judges and referees recognized by the relevant International or European Federation, entered by name at least three (3) months before the beginning of the Games. These referees are accompanying participating countries at their own expenses.
- International judges and referees named by the Organising Committee.

All International judges and referees will be integrated in one pool under the responsibility of the Sport Technical Commission.

Line Judges (Line Umpires):

Line Judges to be named by the Organising Committee according to the ITF rules.

Technical Meeting:

A Technical Meeting will be held on Monday the 1st of June 2009 at place and time TBD.

The meeting will be presided over by the Tennis Technical Committee chaired by the ITF Technical Delegate.

Judges and Line Judges Briefing:

The Judges briefing will take place on June 1st 2009, immediately after the Technical meeting.

Protests:

Disputes shall be resolved in accordance with ITF regulations, with provisions laid out in the GSSE Statute and Technical Regulations. All protests must be notified in writing in English or in French and be submitted to the technical delegate of the ITF within a maximum of thirty (30) minutes from the moment the results of each event have been officially announced.

5. SPORT DISCIPLINES

Each protest must be accompanied by a €100 fee.

If the protest is upheld, the fee will be returned to the delegation. If not, it will be kept by the Organizing Committee.

Presentation of Medals:

In accordance with the GSSE regulations, the following prizes will be awarded for each event:

- Gold Medal to the athletes of the singles and doubles ranking first.
- Silver Medal to the athlete of the singles and doubles ranking second.
- Bronze Medal to the athletes of the singles and doubles ranking third.

Medical:

A doctor will be present at the venue during the competition.

In case of emergency, a Service Ambulance will be provided by the organisation upon request.

Participating Countries

COUNTRIES	MEN		WOMEN	
	Singles	Doubles	Singles	Doubles
ANDORRA				
CYPRUS	X	X	X	X
ICELAND				
LIECHTENSTEIN				
LUXEMBOURG				
MALTA				
MONACO				
SAN MARINO				

Events

MEN	WOMEN
Singles	Singles
Doubles	Doubles

Facilities and Equipment

Matches will take place on hard surfaced tennis plexipave courts.

Training courts will also be hard surfaced plexipave.

Balls will be changed every 9/11 games (4 balls in play).



5. SPORT DISCIPLINES



Training programme (subject to modification):

Date	Timetable	Centre Court	Court 1	Court 2	Court 3
31/05/09	10.00 – 20.00	Practice	Practice	Practice	Practice
01/06/09	10.00 – 17.00	Practice	Practice	Practice	Practice
02/06/09	08.30 – 09.30	Practice	Practice 10.00-20.00	Practice	Practice
03/06/09	08.30 – 09.30	Practice	Practice 10.00-20.00	Practice	Practice
04/06/09	08.30 – 09.30	Practice	Practice	Practice 10.00-20.00	Practice 10.00-20.00
05/06/09	08.30 – 09.30	Practice	Practice	Practice 10.00-20.00	Practice 10.00-20.00
06/06/09	08.30 – 09.30	Practice	Practice	Practice	Practice

One (1) training court from 2/06, will be available between 10.00 – 20.00
From 04/06, one additional practice court.

Competition programme (subject to modification):

Date	Timetable	Centre court	Court No. 1	Court No. 2	Court No.3
02/06/09	10.00-19.00	1st round MS,WS		1st round MS,WS	1st round MS,WS
03/06/09	10.00-19.00 MS, WS	¼ final MS, WS		¼ final MS, WS	¼ final MS, WS
		1st round MD, WD		1st round MD, WD	1st round MD, WD
04/06/09	10.00-19.00	½ final MS,WS	½ final MS,WS		
		½ final MD,WD	½ final MD,WD		
05/06/09	10.00	3rd place match MD	3rd place match WD		
	14.00	Final MD	Final WD		
06/06/09	10.00	3rd place match MD	3rd place match WS		
	13.30	Final MD	Final WS		

5. SPORT DISCIPLINES

VOLLEYBALL:

Organizing Committee:

Cyprus Volleyball Federation

Phone: +357 22449810

Fax: +357 22449813

Costas Konstantinides
Prokopiou Yiannos
Stefanides Giorgos

Sport/Technical Director:

Michalis Kamitzis

Volleyball Competition:

The Volleyball competitions will take place from Tuesday the 2nd of June to Saturday the 6th of June 2009, at the University of Cyprus, Sports Center.

Both Competitions (Male and Female) will be played in accordance with the rules and regulations of the International Volleyball Federation (FIVB), unless there are other specific modifications stipulated in the GSSE technical rules and regulations.

Participation in volleyball competition:

Each country may enter one Mens' team and one womens' team of a maximum of 12 (twelve) players.

Final entries by number must reach the Organizing Committee by the 1st of April 2009 at the latest.

Entries by name ("Long list") must reach the Organizing Committee by the 1st of April 2009 at the latest.

Entries by Name of all foreign athletes must reach the Organizing Committee by the 1st of April 2009 at the latest. No further registrations for foreign athletes, even as a substitute, will be accepted after this day.

Final entries by name must reach the Organising Committee by the 24th of May 2009 at the latest.

Tournaments:

If six or less teams participate, the tournament will be played in one group on a "Round Robin" system.

If more than six teams participate, the tournament will be played in two groups A and B, in which the round robin system will be applied, semi-finals, finals and final classification. The teams will be placed in a "Serpentine" way, according to the classification of the Monaco Games.

The final ranking will be decided after all the matches, according to the FIVB regulations.

Points:

- Two (2) points will be awarded to the winner.
- One (1) point will be awarded to the loser.
- Nil (0) points to the team that forfeits the match.



5. SPORT DISCIPLINES

Facilities and Equipment:

The floor surface in the “University of Cyprus” sports center that will be used for the competitions is parquet flooring with synthetic TARAFLEX by GERFLOR.

Balls will be the Mikasa MVA 200.



Competitors Uniforms:

All participants must wear the uniform of their country, which must comply with the FIVB rules and GSSE Statutes and regulations.

Each team must have two (2) sets of uniforms, each one of a different colour. The libero uniform must be different from the teams' uniform.

Teams must submit their colors to the Technical Meeting.

Referees:

Referees can be:

- International referees recognized by the relevant International Federation, entered by name at least three (3) months before the beginning of the Games. These referees are accompanying participating countries at their own expenses.
- International referees named by the Organising Committee.

All International judges and referees will be integrated in one pool under the responsibility of the Sport Technical Commission.

Technical Meeting:

A Technical Meeting will be held on Monday the 1st of June 2009 at the Headquarters of the Organization.

The meeting will be presided over by the Volleyball Technical Committee, chaired by the FIVB Technical Delegate.

Protests:

Disputes shall be resolved in accordance with FIVB regulations, with provisions laid out in the GSSE Statute and Technical Regulations. All protests must be notified in writing in English or in French and be submitted to the technical delegate of the FIVB within a maximum of thirty (30) minutes from the moment the results of each event have been officially announced.

Each protest must be accompanied by a €100 fee.

If the protest is upheld, the fee will be returned to the delegation. If not, it will be kept by the Organizing Committee.

5. SPORT DISCIPLINES

Presentation of Medals:

In accordance with the GSSE regulations, the following prizes will be awarded:

- Gold Medal to the athletes of the team ranking first.
- Silver Medal to the athletes of the team ranking second.
- Bronze Medal to the athletes of the team ranking third.



Medical:

A doctor will be present at the venue during the competition.

In case of emergency, a Service Ambulance will be provided by the organisation upon request.

Training Venues:

The “Higher Institute of Technology” Sport Hall will be used for training purposes.

The teams which want to train the day of their arrival and take this advantage must make a reservation with the Organizing Committee on the 7th of May 2009 at the latest.

Trainings will be allocated according to the order of the team’s arrival (time and location).

5. SPORT DISCIPLINES

BEACH VOLLEYBALL:

Organizing Committee:

Cyprus Volleyball Federation

Phone: +357 22449810

Fax: +357 22449813



Elias Prokopiou
Haris Karayias
Antonis Konstantinou

Sport/Technical Director:
Marios Kontos

Beach Volleyball Competition:

The Beach Volleyball competitions will take place from Tuesday the 2nd of June to Friday the 5th of June 2009, at the Agios Tychonas Beach facilities, in the Limassol Sailing Centre.

Both Competitions (Male and Female) will be played in accordance with the rules and regulations of the International Volleyball Federation (FIVB), unless there are other specific modifications stipulated in the GSSE technical rules and regulations.

Participation in beach - volleyball competition:

Each country may enter two (2) teams of Men and two teams of women of a maximum of two (2) players per team but only one (1) team of Men and one (1) team of women will be admitted to participate in the competitions.

Final entries by number must reach the Organizing Committee by the 1st of April 2009 at the latest.

Entries by name ("Long list") must reach the Organizing Committee by the 1st of April 2009 at the latest.

Entries by name of all foreign athletes must reach the Organizing Committee by the 1st of April 2009 at the latest. No further registrations for foreign athletes, even as a substitute, will be accepted after this day.

Final entries by name must reach the Organising Committee by the 24th of May 2009 at the latest.

Tournaments:

If more than six teams participate the tournament will be played in two groups A and B, in which the round robin system will be applied. The teams will be placed in a "serpentine" way, according to the classification in the previous games. Teams that did not take part in the last Games, a draw will determine their position following the previously ranked teams.

The first two (2) of each will compete in the semi-finals in the following order:

1st of Group A - 2nd of Group B, Semi-final

1st of Group B - 2nd of Group A Semi-final

5. SPORT DISCIPLINES

The third of each group will compete for the 5th and 6th place as follows:

3rd of Group A – 3rd of Group B will compete for the 5th and 6th place.

The fourth of each group will compete for the 7th and 8th place as follows:

4th of Group A – 4th of Group B will compete for the 7th and 8th place.

If six or less teams participate, the tournament will be played in one group on a “Round Robin” system.

A final ranking will be established for the 5th to 6th positions. The first four (4) teams of this championship will compete in the semi-final in the following order:

1st - 4th Semi-final

2nd - 3rd Semi-final

The winners of the semi-finals will compete for the first (1st) and second (2nd) places, the losers of the semi-finals will compete for the third (3rd) and fourth (4th) places.

Points:

- Two (2) points will be awarded to the winning team,
- One (1) point to the losing team,
- Nil (0) points to a team that forfeits the match.

Facilities and Equipment:

The main playing court will measure 26m x 18m with a depth of 40cm.

The secondary playing ground which will be used for training and warm-up sessions, will be 20m x 12m with a depth of 30cm.

Competitors Uniforms:

All participants must wear the uniform of their country, which must comply with the FIVB rules and GSSE Statutes and regulations.

Each team must have two (2) sets of uniforms, each one of a different colour. Teams must submit their colors to the Technical Meeting.

Beach volleyball competitors must be numbered 1 or 2 and use the same number throughout the tournament.

Referees:

Referees can be:

- International referees recognized by the relevant International Federation, entered by name at least three (3) months before the beginning of the Games. These referees are accompanying participating countries at their own expenses.
- International referees named by the Organising Committee.

All International referees will be integrated in one pool under the responsibility of the Sport Technical Commission.



5. SPORT DISCIPLINES

Technical Meeting:

A Technical Meeting will be held on Monday the 1st of June 2009 at the Venue, time TBD.

The meeting will be presided over by the Volleyball Technical Committee, chaired by the FIVB Technical Delegate.



Protests:

Disputes shall be resolved in accordance with FIVB regulations, with provisions laid out in the GSSE Statute and Technical Regulations. All protests must be notified in writing in English or in French and be submitted to the technical delegate of the FIVB within a maximum of thirty (30) minutes from the moment the results of each event have been officially announced.

Each protest must be accompanied by a €100 fee.

If the protest is upheld, the fee will be returned to the delegation. If not, it will be kept by the Organizing Committee.

Presentation of Medals:

In accordance with the GSSE regulations, the following prizes will be awarded:

- Gold Medal to the athletes of the team ranking first.
- Silver Medal to the athletes of the team ranking second.
- Bronze Medal to the athletes of the team ranking third.

Medical:

A doctor will be present at the venue during the competition.

In case of emergency, a Service Ambulance will be provided by the organisation upon request.

Training Program (Subject to modification):

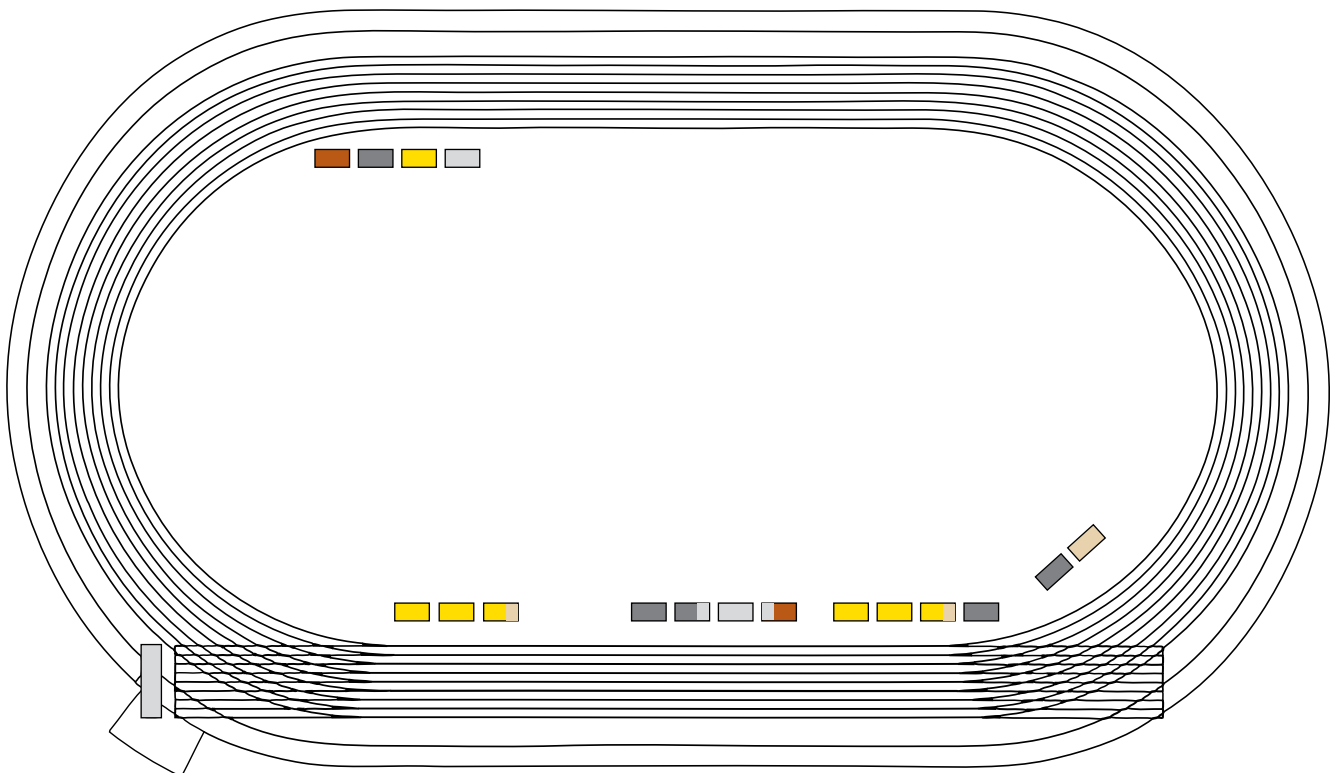
Teams that wish to train before Monday the 1st of June 2009, delegations should make a reservation with the organising committee prior to the 7th of May 2009.

All teams will be given one hour training session on the main court, preceded by half an hour on the training court on Monday the 1st of June 2009.

For the following days, training will take place, upon reservation, on the secondary court.

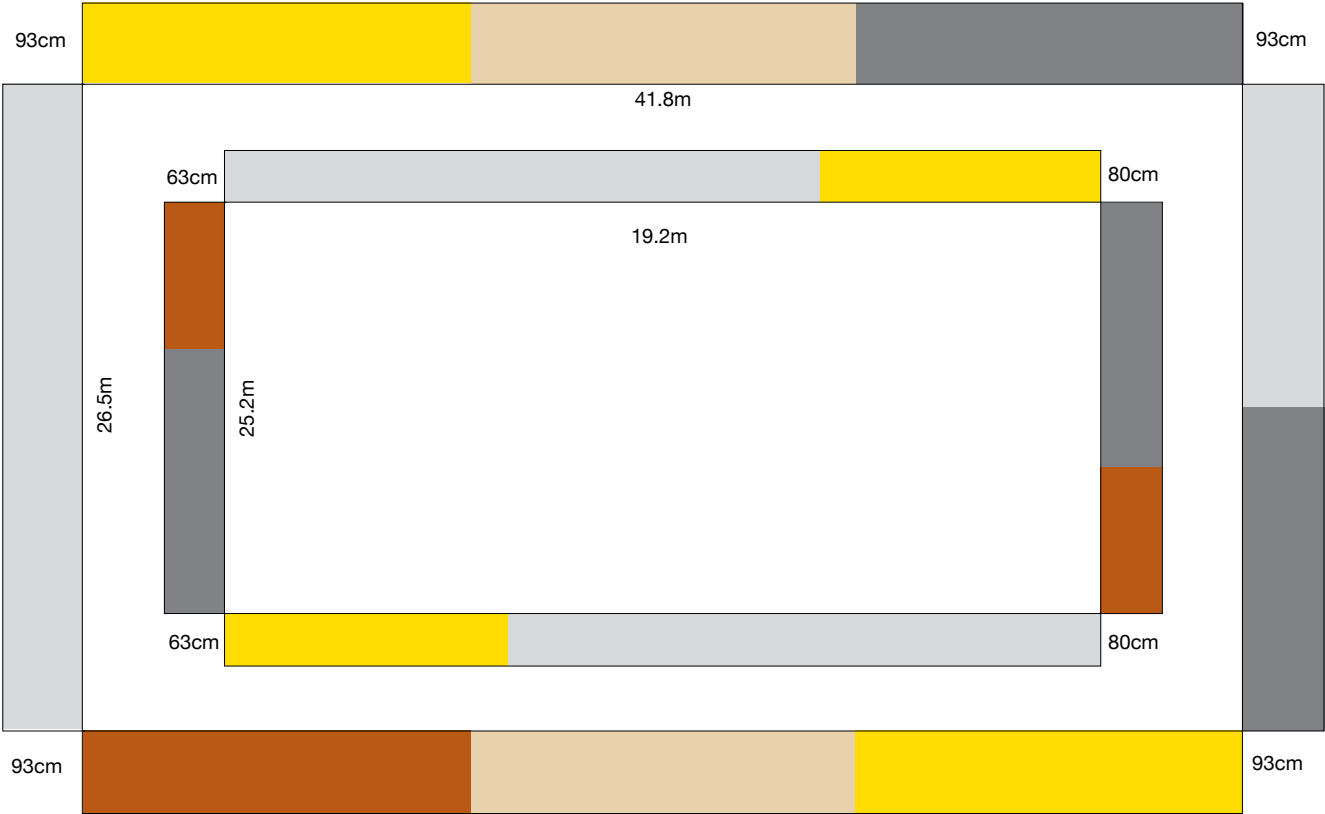
6. MAPS AND PLANS

G.S.P Sports Complex, Nicosia



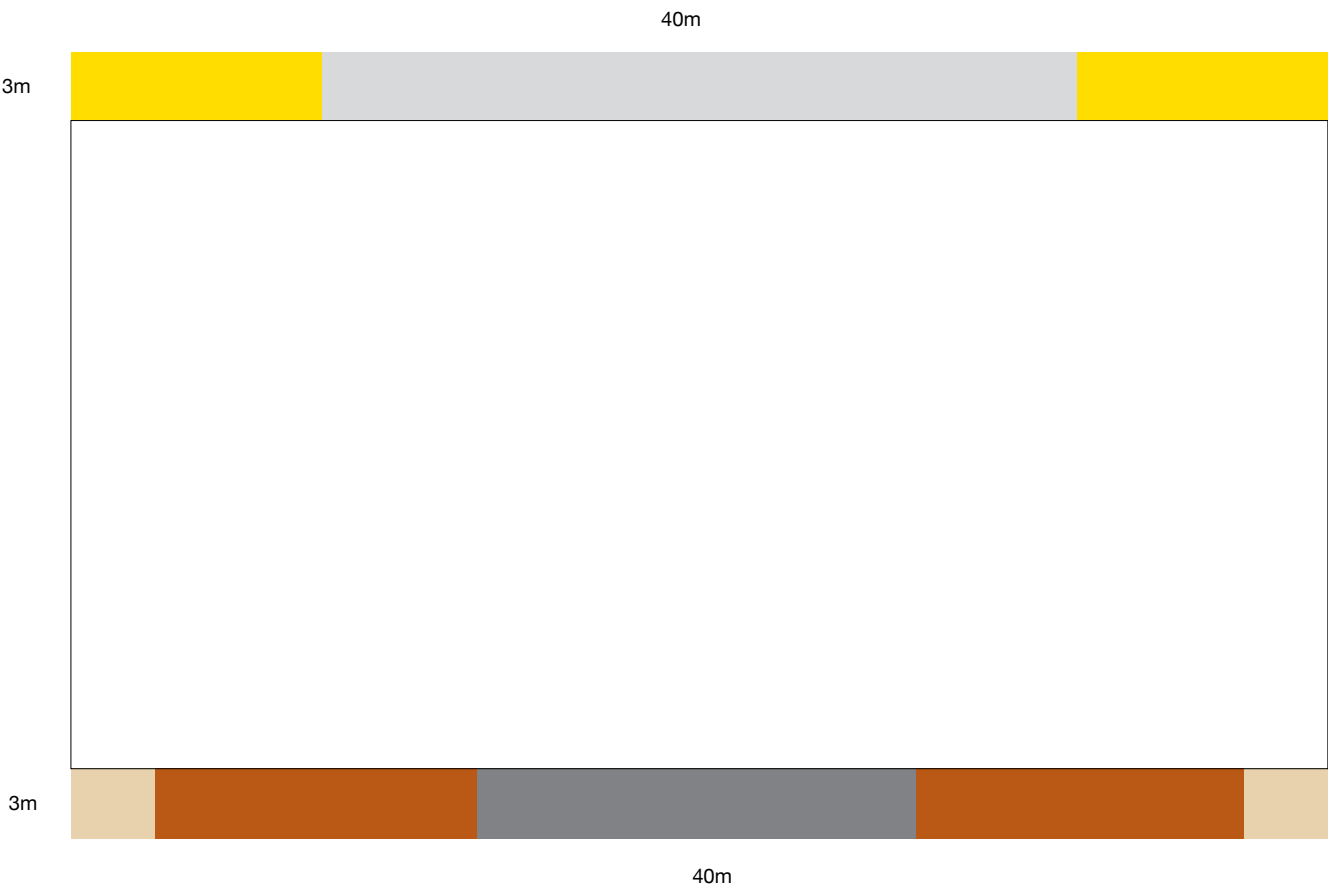
6. MAPS AND PLANS

“Eleftheria” Indoor Hall,
Makarios Sports Complex, Nicosia



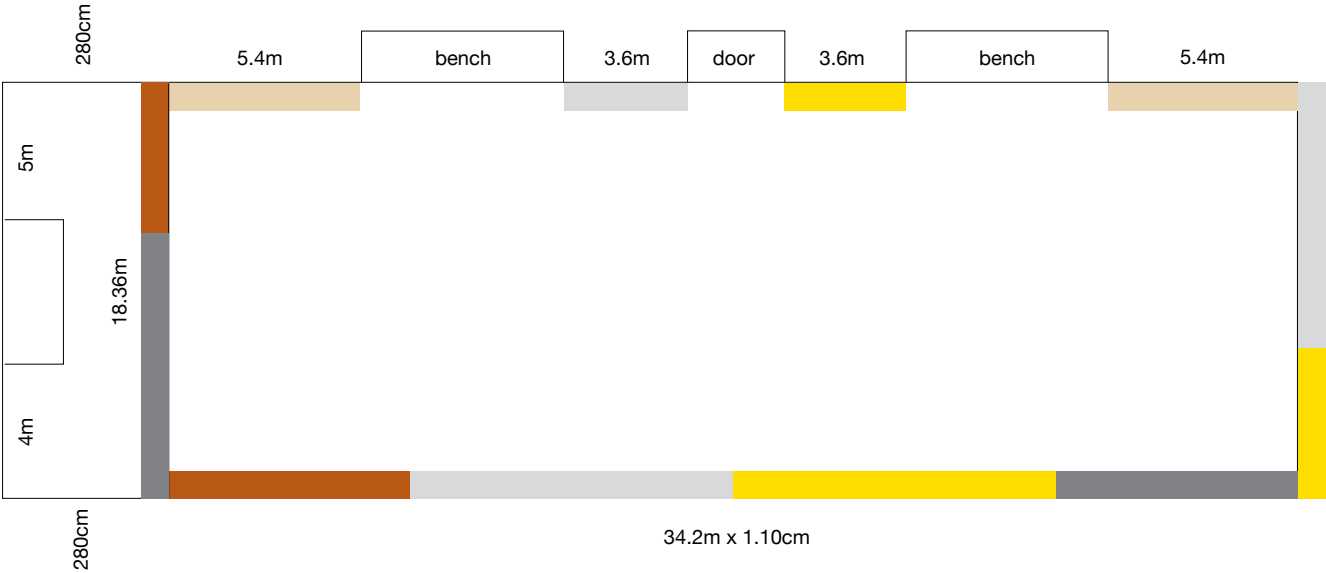
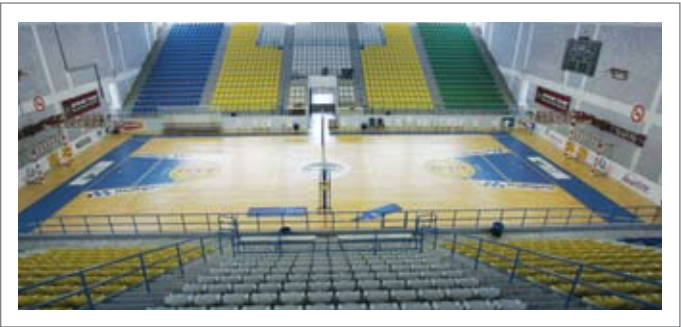
6. MAPS AND PLANS

Palais de Sport, Limassol



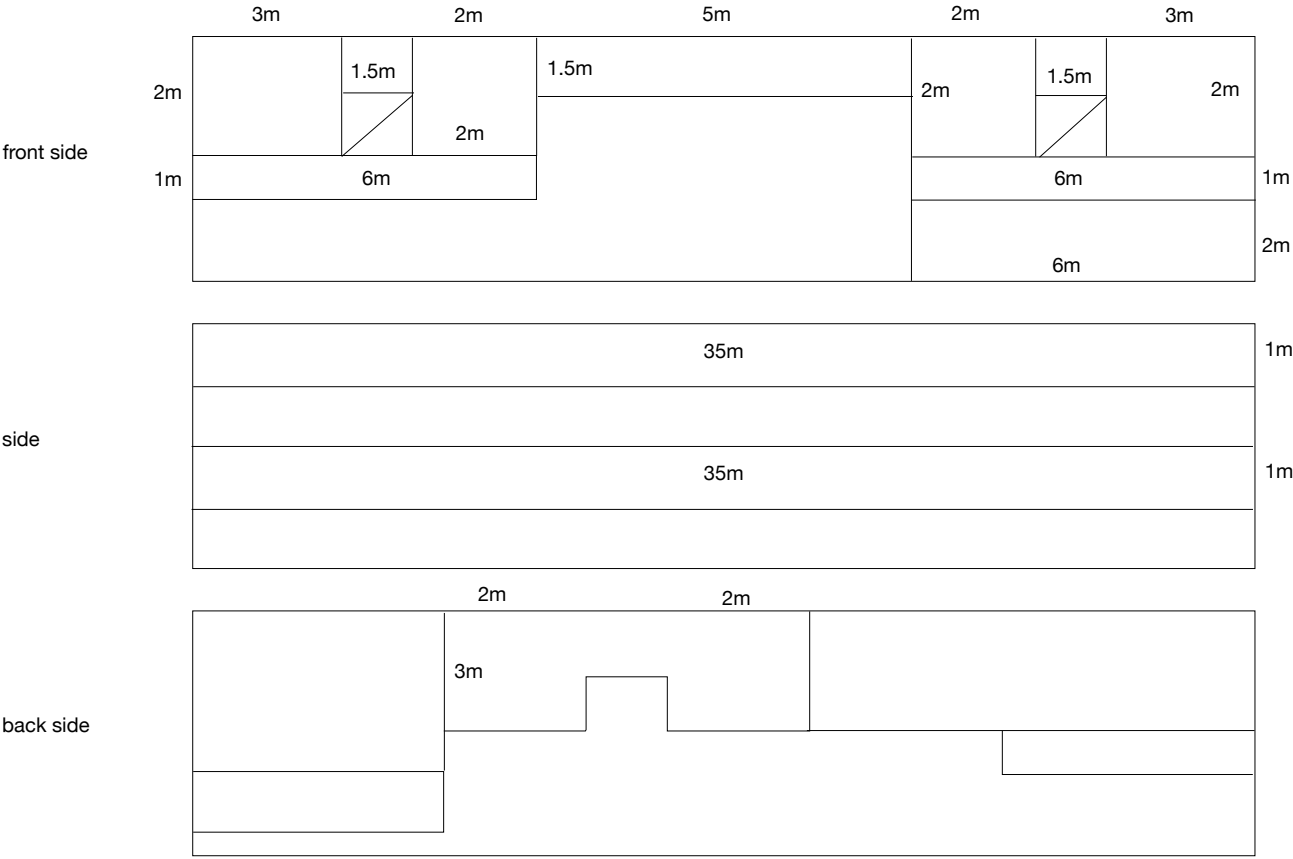
6. MAPS AND PLANS

“Lefkotheon” Indoor Hall,
Makarios Sports Complex, Nicosia



6. MAPS AND PLANS

Sailing Club, Limassol



6. MAPS AND PLANS

Olympic Shooting Range, Nicosia

1



2i



2ii



3i



3ii

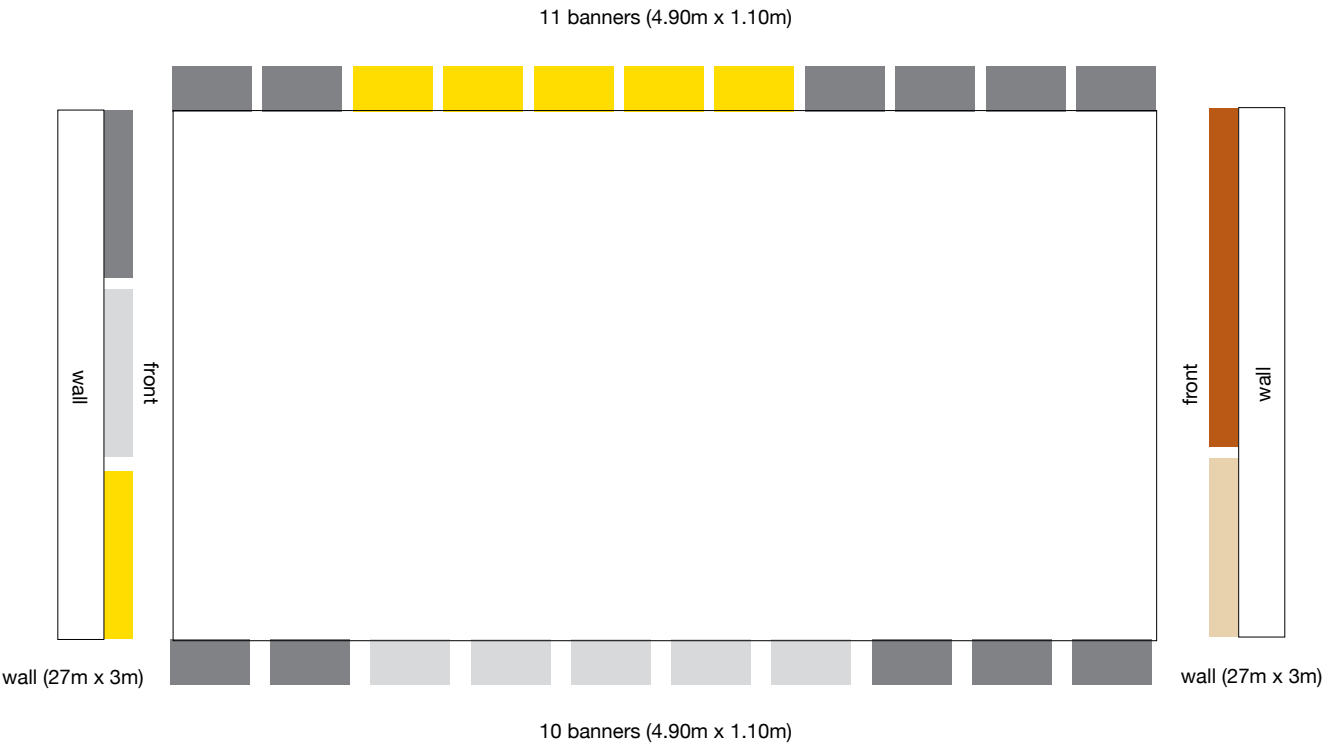


8



6. MAPS AND PLANS

Nicosia Olympic Swimming Pool



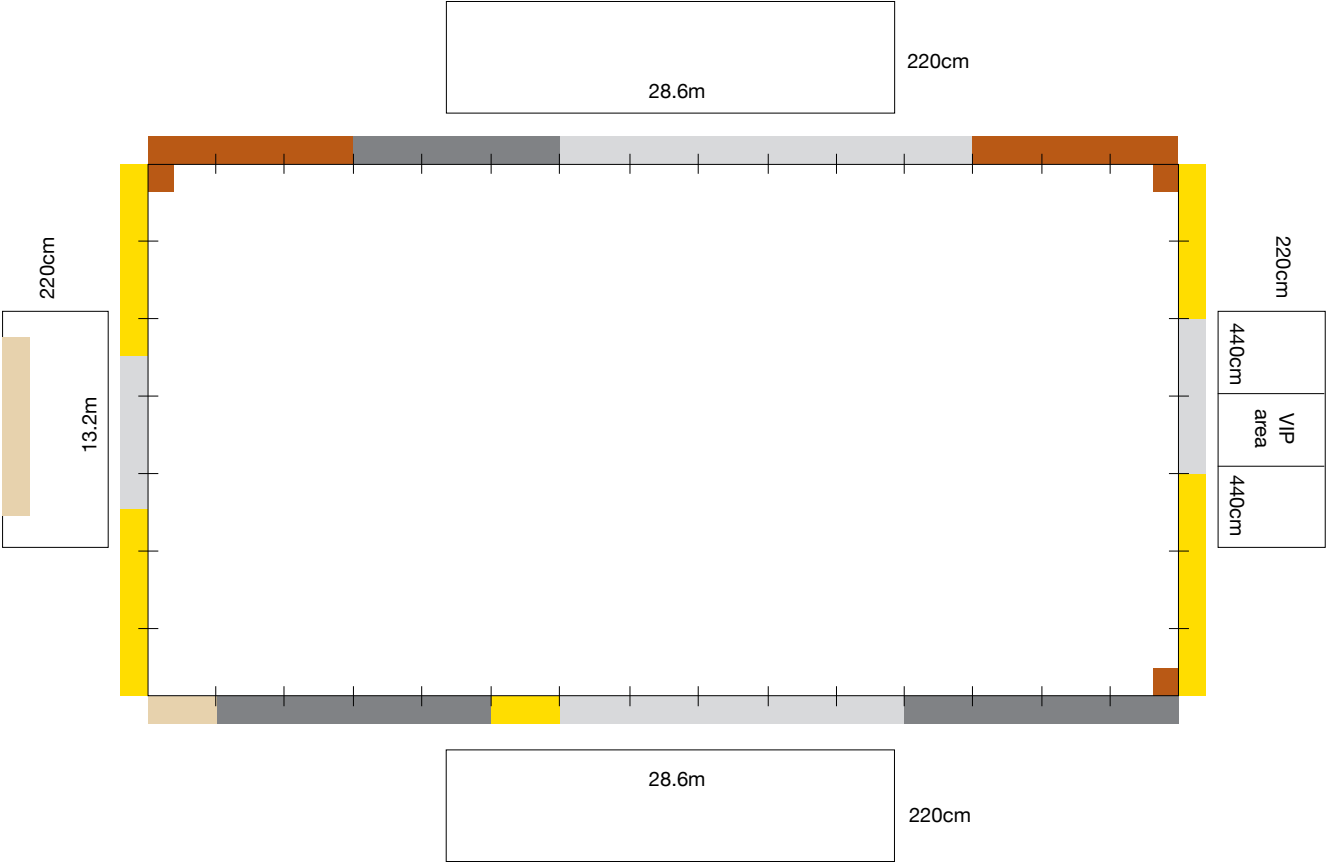
6. MAPS AND PLANS

Multipurpose Indoor Hall
“Evangelos Florakis”,
Makarios Sports Complex, Nicosia



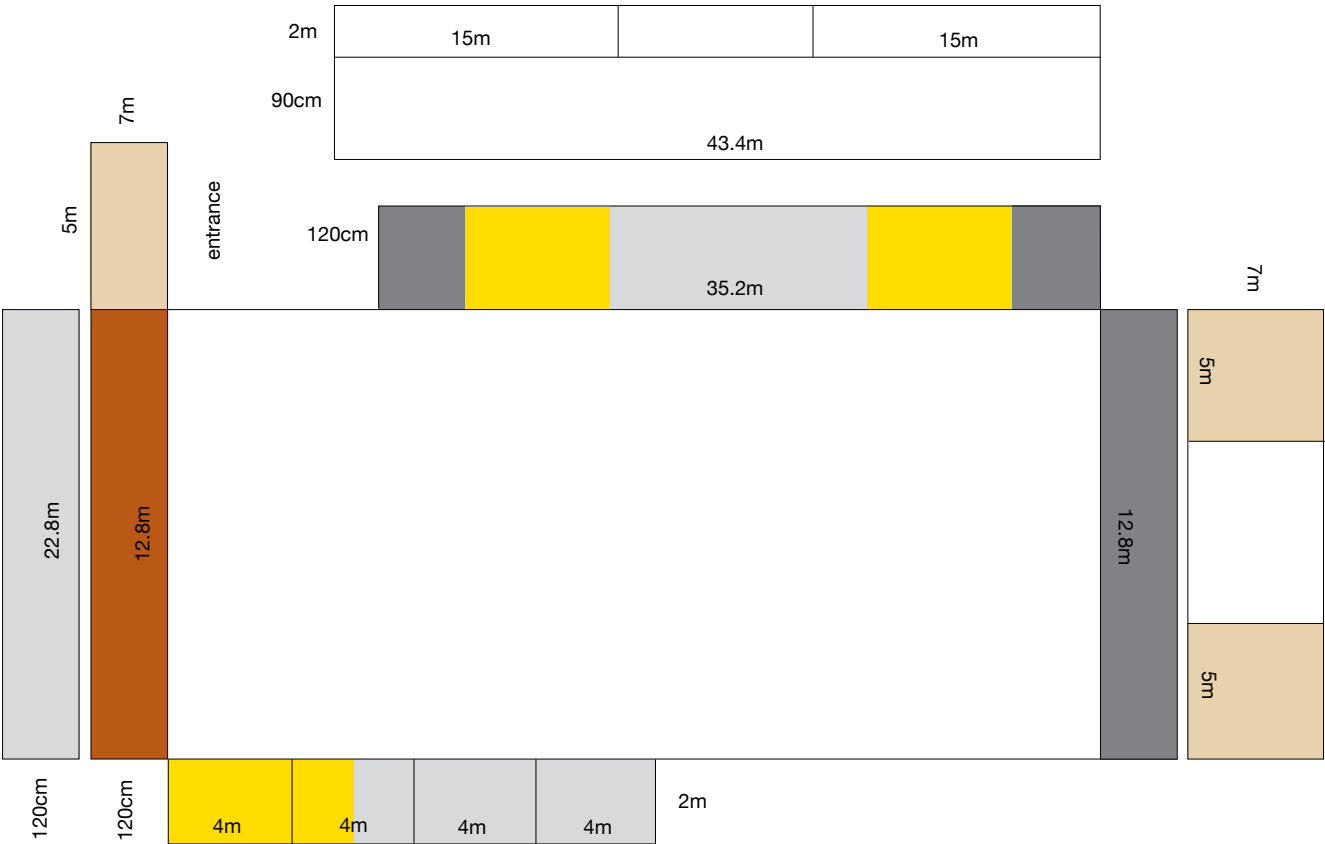
6. MAPS AND PLANS

National Tennis Center,
Makarios Sports Complex, Nicosia



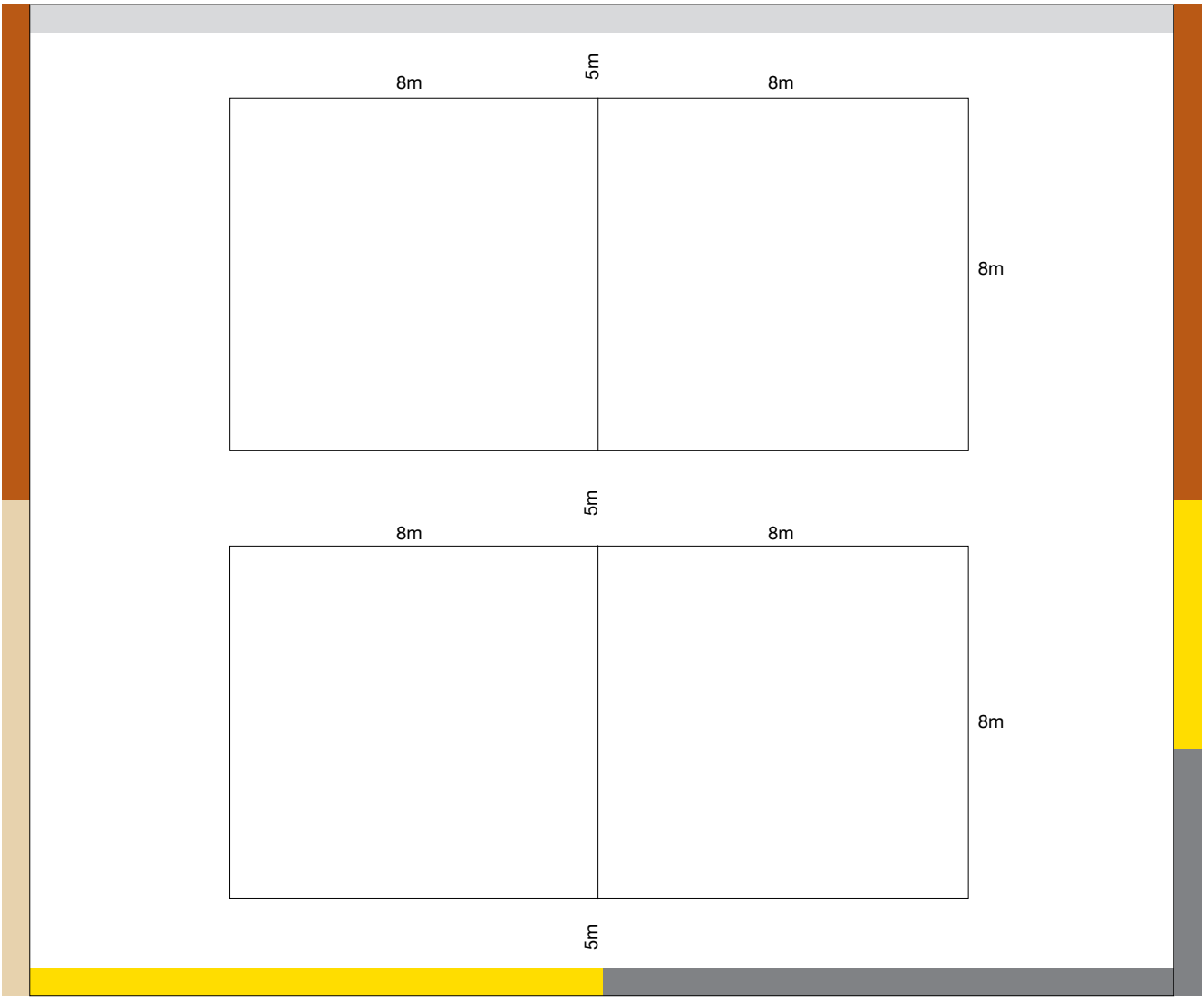
6. MAPS AND PLANS

University of Cyprus, Nicosia



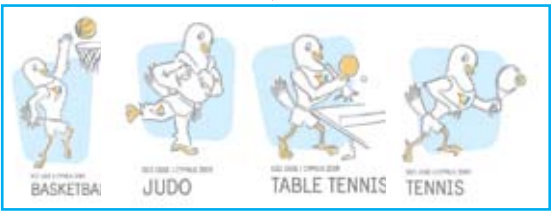
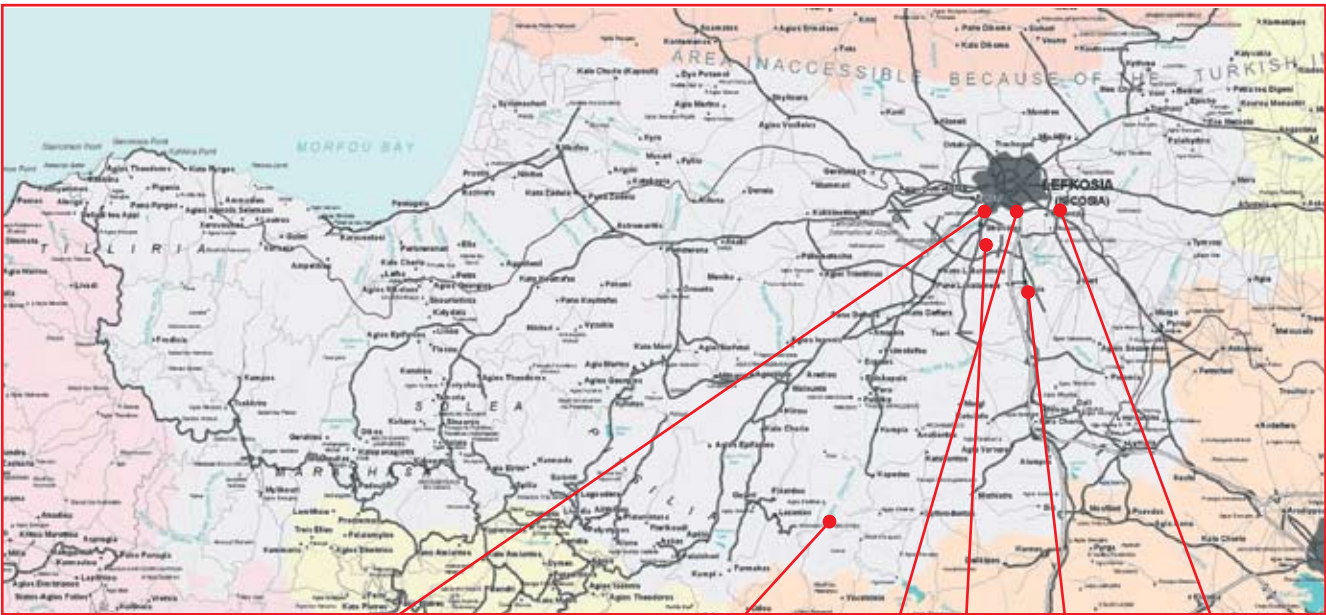
6. MAPS AND PLANS

Ayios Tychonas Beach, Limassol



6. MAPS AND PLANS

Nicosia Map



6. MAPS AND PLANS

Limassol Map

